

UNANI PHARMACOPOEIA

Volume I



Published by The Ministry of Health & Indigenous Medicine

Department of Ayurveda

Sri Lanka

UNANI PHARMACOPOEIA

Volume I



Ayurveda Act. No. 31 of 1961

Compiled under Sec. 41(2) (c) of Ayurveda Act

No.31 of 1961 by the Ayurvedic Pharmacopoeia Committee

Under the direction of Ayurvedic Research Committees

Published by The Department of Ayurveda

Sri Lanka

CONTENTS

Section 1

ANUSHDARU

1. Anushdaru Lulavi
2. Anushdaru Sada

Section 2

ARAKH

1. Arakh-e-Abresham
2. Arakh-e-Ajwain
3. Arakh-e-Badiyan
4. Arakh-e-Gauzban
5. Arakh-e-Musaffi
6. Arakh-e-Sarhan
7. Arakh-e-Shifa-e-Chasham

Section 3

BARSHASHA

1. Barshasha

Section 4

DAVA

1. Dabeedulvard
2. Dava-e-Behoshi

3. Dava-e-Hindi
4. Dava-e-Kurkum
5. Dava-e-Meida
6. Dava-e-Mukhadir
7. Dava-e-Thursh
8. Dava-ul-misk Barid Jawahir
9. Dava-ul-misk Barid Sada
10. Dava-ul-misk Har Jawahir
11. Dava-ul-misk Har Sada
12. Dava-ul-misk Mothadil Jawahir
13. Dava-ul-misk Mothadil Sada
14. Dayakhooza

Section 5

HABB

01. Habb-e-Ahamadi
02. Habb-e-Amber
03. Habb-e-Asghar
04. Habb-e-Ayarij
05. Habb-e-Azaraqi
06. Habb-e-Dabba
07. Habb-e-Daf-e-Khabz
08. Habb-e-Deedan
09. Habb-e-Feelpa
10. Habb-e-Habisulbathan
11. Habb-e-Haiza
12. Habb-e-Hamal
13. Habb-e-Hiltheeth
14. Habb-e-Khardhal
15. Habb-e-Mudir
16. Habb-e-Musaffi
17. Habb-e-Mumsick
18. Habb-e-Mumsick Mamuli
19. Habb-e-Murh
20. Habb-e-Nafsuddam
21. Habb-e-Nazia
22. Habb-e-Paichish

23. Habb-e-Rahath
24. Habb-e-Ramad
25. Habb-e-Raswath
26. Habb-e-Reward
27. Habb-e-Shara
28. Habb-e-Surinjan
29. Habb-e-Sual
30. Habb-e-Sumbulfar
31. Habb-e-Surfa
32. Habb-e-Thinkar
33. Habb-e-Wajavur Recham
34. Habb-e-Jawahir Mohra
35. Habb-e-Zaheer

Section 6

HALVA

1. Halva-e-Baize Murgh
2. Halva-e-Gazar
3. Halva Murgh Siya

Section 7

ITHRIPHAL

01. Ithriphal-e-Afthimoon
02. Ithriphal-e-Afthimoon Musil
03. Ithriphal-e-Gudoodi
04. Ithriphal-e-Kabir
05. Ithriphal-e-Kishmishi
06. Ithriphal-e-Kishneez
07. Ithriphal-e-Muqil
08. Ithriphal-e-Mulaiyen
09. Ithriphal-e-Sagheer
10. Ithriphal-e-Shahthira

11. Ithriphal-e-Usthakhuddoos

12. Ithriphal-e-Zamani

Section 8

JAUHAR

1. Jauhar-e- Kalam
2. Jauhar-e-Shafa
3. Jawahir Mohra

Section 9

JAWARISH

01. Jawarish-e-Amla Sada
02. Jawarish-e-Lulavi
03. Jawarish-e-Anarain
04. Jawarish-e-Jalinoos
05. Jawarish-e-Kamoon Kabir
06. Jawarish-e-Kamoon Sada
07. Jawarish-e-Moin-e-Hamal
08. Jawarish-e-Masthagi
09. Jawarish-e-Ood-e-Thursh
10. Jawarish-e-Safarjali Mushil
11. Jawarish-e-Sandal Shirin
12. Jawarish-e-Sangdan-e-Murgh
13. Jawarish-e-Thamar-e-Hindi
14. Jawarish-e-Zafran

Section 12

KOHAL

- 01.Kohal-e-Bukhrathi
- 02.Kohalul Jawahir
- 03.Kohalul Ghishsha
- 04.Kohalul Mukhavi

Section 14

LABOOB

1. Laboob-e-Abresham
2. Laboob-e-Kabir
3. Laboob-e-Sagheer

Section 15

LAVOOKH

- 01 Lavookh-e-Anjeer
02. Lavookh-e-Falij
03. Lavookh-e-Kathan
- 04 Lavookh-e-Khash Khash
- 05 Lavookh-e-Hulba
06. LavookheE-Nafsuddam
07. Lavookh-e-Sapistan
08. Lavookh-e-Seer

Section 17

MARHAM

- 01.Marham-e-Aabi
- 02.Marham-e-Abiyaz
- 03.Marham-e-Dakhliyoon
- 04.Marham-e-Kafoori

Section 21

SHERBATH

01. Sherbath-e-Abresham
02. Sherbath-e-Amli
03. Sherbath-e-Anannas
04. Sherbath-e-Anarshirin
05. Sherbath-e-Anar Thursh

06. Sherbath-e-Ansal
07. Sherbath-e-Asal
08. Sherbath-e-Banafsha
09. Sherbath-e-Balphal
10. Sherbath-e-Buzuri Barid
11. Sherbath-e-Busuri Har
12. Sherbath-e-Mothadil
13. Sherbath-e-Chobchini
14. Sherbath-e-Deenar
15. Sherbath-e-Ejaz
16. Sherbath-e-Gudhal
17. Sherbath-e-Haleela
18. Sherbath-e-Hulba
19. Sherbath-e-Isthiska
20. Sherbath-e-Kevda
21. Sherbath-e-Khaskhas
22. Sherbath-e-Khiya-e-Shambar
23. Sherbath-e-Limu
24. Sherbath-e-Marodphalli
25. Sherbath-e-Mubarak
26. Sherbath-e-Mulaiyan Barid
27. Sherbath-e-Mulaiyan Har
28. Sherbath-e-Munzij
29. Sherbath-e-Nafsuddam
30. Sherbath-e-Nilofer
31. Sherbath-e-Sandal
32. Sherbath-e-Soul
33. Sherbath-e-Thambul
34. Sherbath-e-Unbab
35. Sherbath-e-Ushba
36. Sherbath-e-Vard
37. Sherbath-e-Vard Mukarar

Section 22

SIKANJIBEEN

01. Sikanjbeen-e-Buzoori Barid
02. Sikanjbeen-e-Buzoori Har
03. Sikanjbeen-e-Buzoori Mothadil
04. Sikanjbeen-e-Buzoori Usuli
05. Sikanjbeen-e-Nanayi
06. Sikanjbeen-e-Sada
07. Sikanjbeen-e-Sandal
08. Sikanjbeen-e-Thumare Hindi

Section 23

ZAROOR

01. Zaroor-e-Abiyaz
02. Zaroor-e-Ajeeb
03. Zaroor-e-Arbah
04. Zarror-e-Kanj
05. Zaroor-e-Katha
06. Zaroor-e-Madani
07. Zaroor-e-Mamiran

Section 24

ZIMAD

01. Zimad-e-Auja
02. Zimad-e-Bars
03. Zimad-e-Jarb
04. Zimad-e-Halaq

Section 1

ANUSHDARU

3. Anushdaru Lulavi
4. Anushdaru Sada

1. ANUSHDARU LULAVI (Maghzanal Murakkabath)

Gul-e-Surk	18 Tolas	216g
Sad-e-Kufi	14Tolas	168g
Sumbul-e-Thibb	14 Tolas	210g
Marvarid Nasiftha	4 Tolas	48g
Yashab	4 Tolas	48g
Yakhooth-e-Ramani	4 Tolas	48g
Akheekh Yemeni	4 Tolas	48g
Busud Ahmer Sookhtha	4 Tolas	48g
Marjan	4 Tolas	48g
Zamarrud	4 Tolas	48g
Lal Badakshani	4 Tolas	48g
Fadzahar Madani	4 Tolas	48g
Amber Ashab	4 Tolas	48g
Varkha Thila	4 Tolas	48g
Varkhe Nukhra	4 Tolas	48g
Kahruba	4 Tolas	48g
Darunaj Akhrabi	4 Tolas	48g
Posthe Beroon-e-Pistha	4 Tolas	48g
Abresham Mukharis	4 Tolas	48g
Gul-e-Gauzben	4 Tolas	48g
Zafran	4 Tolas	48g
Azkher	4 Tolas	48g
Khoolanjan	4 Tolas	48g
Thalis Pathri	4 Tolas	48g
Asaroon	4 Tolas	48g
Jauthri	4 Tolas	48g
Posthe Thurunj	6 Tolas	72g

Bahaman -e-Surkh	6 Tolas	72g
Bahaman-e-Sufaid	6 Tolas	72g
Shakhakhul Misri	6 Tolas	72g
Darchini	6 Tolas	72g
Thabasheer Sufaid	6 Tolas	72g
Faranj Mishk	6 Tolas	72g
Sandal-e- Sufaid	6 Tolas	72g
Sadnaj Hindi	6 Tolas	72g
Gil-e- Armani	6 Tolas	72g
Gil-e-Dagisthani	6 Tolas	72g
Dan-e-Elaichi Sufaid	6 Tolas	72g
Badranj Boya	6 Tolas	72g
Mishk Thibathi	2 Tolas	24g
Sheer-e-Amila	288 Tolas	3456g
Zarishk	36 Lbs	17280g
Khand-e-Sufaid	7 ½ Lbs	3600g
Rubb-e-Said Shireen	7 ½ Lbs	3600g
Rubb-e-Amrud	7 ½ Lbs	3600g
Shahad	15Lbs	7200g

Dose:1/4-3/4 Tola

2. ANUSHDARU SADA (Ilajul Amraz)

Gul-e-Surk	21 Tolas	252g
Nager Motha	17 ½ Tolas	72g
Lavang	10 ½ Tolas	72g
Masthagi	10 ½ Tolas	72g
Thagar	10 ½ Tolas	72g
Balchad	10 ½ Tolas	72g
Choti Elaichi	7 Tolas	72g
Badi Elaichi	7 Tolas	72g
Thalis Pathri	7 Tolas	72g
Jauthri	7 Tolas	72g
Jaiphall	7 Tolas	72g
Khurfa	7 Tolas	72g
Zafran	7 Tolas	72g
Amila Mukhashar	12Lbs	72g
Asal	15 1/2Lbs	7200g
Shakar	15 ½ Lbs	7520g

Dose: ½-1 Tola

Section 2

ARAKH

8. Arakh-e-Abresham
9. Arakh-e-Ajwain
10. Arakh-e-Badiyan
11. Arakh-e-Gauzban
12. Arakh-e-Musaffi
13. Arakh-e-Sarthan
14. Arakh-e-Shifa-e-Chasham

1. ARAKH-E-ABRESHAM
(Maghzanal Murakkabath)

Abresham	19 Tola	228g
Gul-e-Gauzhan	4 Tola	48g
Badranj Boya	4 Tola	48g
Faranj Mishk	4 Tola	48g
Sandal-e-Sufaid	4 Tola	48g
Bahaman-e-Surkh	2 Tola	24g
Bahaman-e-Sufaid	2 Tola	24g
Khoolanjan	2 Tola	24g
Sajid Hindi	2 Tola	24g
Gul-e-Surk	2 Tola	24g
Bisbasa	1 1/6 Tola	14g
Ban-e-Elaichi Khurd	1 1/6 Tola	14g
Pudina Khushk	2 1/4 Tola	27g
Zafran	5 1/12 Tola	61g
Amber	5 1/12 Tola	61g
Aab-e-Saib Shireen	2 1/2 Lbs	1200g
Aab-e-Behe Shireen	2 1/2 Lbs	1200g
Aab-e- Amrad	2 1/2 Lbs	1200g
Arakha Gulab	2 1/2 Lbs	1200g
Arakha Beda Mishk	2 1/2 Lbs	1200g
Arakha Darchini	2 1/2 Lbs	1200g
Sheer-e-Barge Thambool	100 leaves	
Water	20Lbs	9600g

Dose: 1 to 2oz

2. ARAKH-E-AJWAIN
(Kharabadin-e-Jadeed)

Ajwain	1Lbs	480g
Water	required quantity	

Dose: 1 to 2 oz

3. ARAKH-E-BADIYAN
(Maghzanal Murakkabath)

Badiyan	5 Lbs	2400g
Water	required quantity	

Dose: 2 to 4 oz

4. ARAKH-E-GAUZBAN (Kharabadin-e-Jadeed)

Barg-e-Gauzban	1 Lbs	480g
Water	required quantity	

Dose: 2 to 4 oz

5. ARAKH-E-MUSAFFI (Kharabadin-e-Jadeed)

Barg-e-Neem	5 Tolas	60g
Posth-e-Neem	5 Tolas	60g
Posth-e-Bakayan	5 Tolas	60g
Barg-e-Bakayan	5 Tolas	60g
Posth-e-Kachnal	5 Tolas	60g
Posth-e-Melsari	5 Tolas	60g
Doodi Khurd	5 Tolas	60g
Barg-e-Bhangra Siya	5 Tolas	60g
Barg-e-Jawansa	5 Tolas	60g
Posth-e-Gulnar	5 Tolas	60g
Barg-e-Hina	5 Tolas	60g
Shahthira	5 Tolas	60g
Sarfookha	5 Tolas	60g
Dhamaya	5 Tolas	60g
Chob Chini	5 Tolas	60g
Gul-e-Niloufer	5 Tolas	60g
Gul-e-Surk	5 Tolas	60g
Kashneez	5 Tolas	60g
Sandal-e-Sufaid	5 Tolas	60g
Thukme Kasni	5 Tolas	60g

Beekh-e-Kasni	5 Tolas	60g
Majeet	5 Tolas	60g
Burad-e-Chob Sheesham	5 Tolas	60g
Barg-e-Baid	5 Tolas	60g
Water	required quantity	
Dose: 2 to 4 oz		

6. ARAKH-E-SARTHAN (Addikh)

Sarthan Musaffi	15Tola	180g
Sandal-e-Sufaid	1	12g
Sandal-e-Surkh	1	12g
Khas	1	12g
Gul-e-Niloufer	1	12g
Thukm-e-Kasni	1	12g
Mundi	1	12g
Badiyan	1	12g
Thukm-e-Kaddu	1	12g
Kishneez	1	12g
Beekh-e-Kasni	1	12g
Asl-e-soos	1	12g
Elaichi Khurd	1	12g
Elaichi Koknar	1	12g
Water	required Quantity	

Dose: 2 to 4 oz

7. ARAKH-E-SHIFA-E CHASHAM (Indian Medical Hospital Pharmacopoeia)

Phatakri	1 Tola	12g
Arakh-e-Gulab Pure	24 oz	720g

Dose:

Section 3

BARSHASHA

2. Barshasha

1. BARSHASHA

(Alkharabadin)

Mirch Siya	7 ½ Tola	90g
Mirch Sufaid	7 ½	90g
Ajwain-e-Khursani Sufaid	7 ½	90g
Afiyoon Khalis	3 ¾	45g
Zafran	10masha	10g
Balchad	4 ½	54g
Akher Kharah	4 ½	54g
Farfiyoon	4 ½	54g
Honey	2 ¼ Lbs	1020g

Dose: 5g to 35g with Arakhe Gauzaban

Section 4

DAVA

- 15.Dabeedulvard
- 16.Dava-e-Behoshi
- 17.Dava-e-Hindi
- 18.Dava-e-Kurkum
- 19.Dava-e-Meida
- 20.Dava-e-Mukhadir
- 21.Dava-e-Thursh
- 22.Dava-ul-misk Barid Jawahir
- 23.Dava-ul-misk Barid Sada
- 24.Dava-ul-misk Har Jawahir
- 25.Dava-ul-misk Har Sada
- 26.Dava-ul-misk Mothadil Jawahir
- 27.Dava-ul-misk Mothadil Sada
- 28.Dayakhooza

1. DABEEDULVARD (Alkharabadin)

Balchad	10 Tolas	120g
Masthagi	10Tolas	120g
Zafran	10Tolas	120g
Bansalochan	10Tolas	120g
Darchini	10Tolas	120g
Izkher	10Tolas	120g
Asaroon	10Tolas	120g
Khushth Shirin	10Tolas	120g
Ghafiz	10Tolas	120g
Thukme Kasoos	10Tolas	120g
Majeet	10Tolas	120g
Lak Maghsool	10Tolas	120g
Thukme Kasni	10Tolas	120g
Thukme Karafas	10Tolas	120g
Zaravande Thavil	10Tolas	120g
Habbe Balsen	10Tolas	120g
Oode gharki	10Tolas	120g
Lavang	10Tolas	120g
Elaichi Khurd	10Tolas	120g
Gul-e-Surk	5Lbs	2400g
Honey	30Lbs	14400g

2. DAVA-E-BEHOSHI (Kharabadin-e-Khadri)

Afiyoon	1 Tola	12g
Bazrulbanj	1 Tola	12g
Josmasil	1 Tola	12g
Thukme Kahu	1 Tola	12g

Beekbai Lafah	1 Tola	12g
Wheat	10 Tola	120g

3. DAVA-E-HINDI (Alkharabadin)

Mirch Siya	3 ½ Masha	3 ½ g
Ajwain Desi	3 ½ Masha	3 ½ g
Peepal	3 ½ Masha	3 ½ g
Namak-e-Luhoori	3 ½ Masha	3 ½ g
Namak-e-Siya	3 ½ Masha	3 ½ g
Suhaga	3 ½ Masha	3 ½ g
Barg-e-bansa	132 Leaves	

4. DAVA-E-KURKUM (Kharbadeen-e-Jadeed)

Zafran	1 Tola	12g
Saleekha	1Tola	12g
Sumbullathib	1 Tola	12g
Asroon	1Tola	12g
Silaras	½ Tola	6g
Murrh	½ Tola	6g
Kushth Thalkh	½ Tola	6g
Fikha-e-Azkher	½ Tola	6g
Darchini	½ Tola	6g
Munakha	1 ½ Tola	18g
Honey	10 Oz	300g

5. DAVA-E-MEIDA (H.I.M. Pharmacopoeia)

Gulkhand	1 Lbs	480g
Murabbe Adhrak	1 Lbs	480g

6. DAVA-E-MUKHADIR
(Maghzanal Murakkabath)

Thukme Kahu	35 Tola	420g
Bazrulbanj	35 Tola	420g
Sheethraj Hindi	3 Tola	36g
Afiyoon	3 Tola	36g

7. DAVA-E-THURSH
(H.I.M. Pharmacopoeia)

Filfil-e-Siya	5 Tola	60g
Sanjabeel	5 Tola	60g
Namak-e-Siya	5 Tola	60g
Namak-e-Tham	5 Tola	60g
Namak-e-Sanda	5 Tola	60g
Bavubadang	5 Tola	60g
Aab-e-Barg-e-Pudina Sabz	10 Tola	120g
Aab-e-Limu	4 Oz	120g
Sugar	2 ¼ Oz	68g

8. DAVA-UL-MISK BARID JAWAHIR
(Maghzanal Murakkabath)

Mothi Nasiftha	5 Tola	60g
Amber	5 Tola	60g

9. DAVA-UL-MISK BARID SADA
(Maghzanal Murakkabath)

Abresham Mukhariz	2 Tola	24g
Tabashir	2 Tola	24g

Sandal-e- Sufaid	2 Tola	24g
Sandal-e- Surkh	2 Tola	24g
Kishneez Khushk	2 Tola	24g
Maghz-e- Kadu Shirin	2 Tola	24g
Gul-e-gauzuban	2 Tola	24g
Mishk Khalis	2 Tola	24g
Kahrube Mehlul	9 Tola	108g
Rubbe Seeb Shirin	30 Tola	320g
Khand Sufaid	60 Tola	720g
Varkhe Nukhra	4 Tola	48g
Arakhe Kevda	2 ½ Lbs	1200g

10. DAVA-UL-MISK HAR JAWAHIR

(Maghzanul Murakkabath)

Davavul misk Har Sada

11. DAVA-UL-MISK HAR SADA

(Maghzanul Murakkabath)

Narkuchur	3 Tola	36g
Darunaj-e- Akhrabi	3 Tola	36g
Abresham Mukhariz	3 Tola	36g
Bahamane Sufaid	1 Tola	12g
Bahamane Surkh	1 Tola	12g
Balchad	1 Tola	12g
Sazij Hindi	1 Tola	12g
Elaichi Khurd	1 Tola	12g
Lavang	1 Tola	12g
Ushna	1 Tola	12g
Dar-e-Filfil	1 Tola	12g
Soant	1 Tola	12g
Mishk Khalis	7 Masha	07g
Kahruba Shamai	3 Tola	36g
Bausud Ahmer	3 Tola	36g
Honey	2 Lbs	960g

12. DAVA-UL-MISK MOTHADIL BAJAWAHIR (Maghzanul Murakkabath)

Add the following ingredients to Dava-ul-Misk Mothadil Sada

Marvarid Nasiftha	4Tola	48g
Kahruba Shamai	4 Tola	48g
Amber Yashab	1 Tola	12g

13. DAVA-UL-MISK MOTHADIL SADA (Mashzanul Murakkabath)

Abresham Mukhriz	7 Tola	84 g
Darchini	7 Tola	84 g
Gul-e-Surk	7 Tola	84 g
Bahaman-e-Sufaid	7 Tola	84 g
Bahaman-e-Surkh	7 Tola	84 g
Zafran	7 Tola	84 g
Daroonaj Akhrabi	7 Tola	84 g
Oode Hindi	5 Tola	84 g
Badranj Boya	5 Tola	84 g
Masthagi	4 Tola	48g
Ushna	4 Tola	48 g
Elaichi Khurd	4 Tola	48g
Varkhe Nukhra	10 Tola	120g
Zarishk	10 Tola	120g
Thabasheer	10 Tola	120g
Sandale Sufaid	10 Tola	120g
Sandale Surkh	10 Tola	120g
Kishneez	10 Tola	120g
Gauzuban	10 Tola	120g
Amila	10 Tola	120g
Busud	10 Tola	120g
Thukme Khurfa	10 Tola	120g

Mishk Thibathi	01 Tola	12g
Rubbe Saeb	4 ¼ Tola	51g
Khand Sufaid	4 ¼ Tola	51g
Shahad	4 ¼ Tola	51g

14.DAYAKHOOZA (Kharabadin-e-Jadeed)

Khashkhas Sufaid	3 Tola	36g
Posth-e- Khashkhas Sufaid	3 Tola	36g
Aslesoos	10 Tola	120g
Buzur-e-Kathan	10 Tola	120g
Thukme khathm	5 Tola	60g
Thukme Khabbazi	5Tola	60g
Samaghe Arabi	5 Tola	60g
Katheera	5 Tola	60g
Bahedana	5 Tola	60g
Sugar	4Lbs	60g

Section 5

HABB

01. Habb-e-Ahamadi
02. Habb-e-Amber
03. Habb-e-Asghar
04. Habb-e-Ayarij
05. Habb-e-Azaraqi
06. Habb-e-Dabba
07. Habb-e-Daf-e-Khabz
08. Habb-e-Deedan
09. Habb-e-Feelpa
10. Habb-e-Habisulbathan
11. Habb-e-Haiza
12. Habb-e-Hamal
13. Habb-e-Hiltheeth
14. Habb-e-Khardhal
15. Habb-e-Mudir
16. Habb-e-Musaffi
17. Habb-e-Mumsick
18. Habb-e-Mumsick Mamuli
19. Habb-e-Murh
20. Habb-e-Nafsuddam
21. Habb-e-Nazia
22. Habb-e-Paichish
23. Habb-e-Rahath
24. Habb-e-Ramad
25. Habb-e-Raswath
26. Habb-e-Reward
27. Habb-e-Shara
28. Habb-e-Surinjan
29. Habb-e-Sual
30. Habb-e-Sumbulfar
31. Habb-e-Surfa
32. Habb-e-Thinkar
33. Habb-e-Wajavur Recham
34. Habb-e-Jawahir Mohra
35. Habb-e-Zaheer

1. HABB-E-AHAMADI
(Ayurvedic Hospital Pharmacopoeia)

Maghz-e-Gajga	1 Tola	12g
Fiffil-e-Siya	1 Tola	12g
Aab-e-Barg-e-Dhatoora	Q.S.	

2. HABB-E-AMBER
(Kharabadin-e-Jadeed)

Jundebdasther	$\frac{3}{4}$ Tola	9g
Mishk	$\frac{1}{6}$ Tola	2g
Amber	$\frac{5}{12}$ Tola	5g
Zafran	$\frac{1}{4}$ Tola	3g
Jadvar Khathai	$\frac{1}{2}$ Tola	6g
Honey	Q.S.	

3. HABB-E-ASGHAR
(Qhiledar Khandani)

Bachnak	1 Tola	12g
Shangraff	1 Tola	12g
Lavang	1 Tola	12g
Jaifal	1 Tola	12g
Jauthri	1 Tola	12g
Aqarqarah	1 Tola	12g
Filfil-e-Daraz	1 Tola	12g
Filfil-e-Siya	1 Tola	12g
Zafran	1 Tola	12g
Mishk	$\frac{1}{8}$ Tola	1 1/2g

4. HABB-E-AYARIJ
(Kharabadin-e-Azam)

Balchad	1 Tola	12g
Darchini	1 Tola	12g
Zafran	1 Tola	12g
Oode Balsan	1 Tola	12g
Salikha	1 Tola	12g
Asaroon	1 Tola	12g

Habb-e- Balsan	1 Tola	12g
Masthagi	1 Tola	12g
Sibr	9 Tolas	108g

5. HABB-E-AZARAQI
(Kharabadin-e-Jadeed)

Darchini	1Tola	12g
Jozbuva	1 Tola	12g
Bisbasa	1 Tola	12g
Oode Saleeb	1 Tola	12g
Qaranfal	1 Tola	12g
Kuchla Mudabir	1 Tola	12g
Arakh-e- Ajwain	Q.S.	

6. HABB-E-DABBA
(H. I. M. Pharmacopoeia)

Habbusalatean Mudabir	1 Tola	12g
Sibr	1 Tola	12g
Katheera	1 Tola	12g
Aab-e-barge Kangai	2ozs	60g

7. HABB-E-DAF-E-KHABZ
(Byaz-e-Kabir)

Sibr	1 Tola	12g
Masthagi	1 Tola	12g
Usar-e-Rewand	1 Tola	12g

8. HABB-E-DEEDAN
(Alkhara Badin)

Maghz-e-Indrayan	9 3/4Masha	9 3/4g
------------------	------------	--------

Saqmooniya	9 Masha	9g
Kaladana	10 ½ Masha	10 1/2g
Afthimoon	14 Masha	14g
Elva	2Tola 7 Masha	31g
Nusuth Sufaid	2 Tola 11 Masha	31g

9. HABB-E-FEELPA
(H.I.M.Pharmacopoeia)

Bekha-e-Biskhopra Sufaid	2 Tolas	24g
Rewand Chini	2 Tolas	24g
Maghz-e-Gajna	2 Tolas	24g
Zanjabeel	2 Tolas	24g

10. HABB-E-HABISUL BATHAN
(Khar Abadin-e-Azam)

Shangruff	3 Tolas	36g
Afiyoon	3 Tolas	36g
Masthagi	3 Tolas	36g
Sohaga	3 Tolas	36g
Aab-e-Limu	Q.S.	

11. HABB-E-HAIZA
(Qhiledar Khandani)

Ajwain	10Tolas	120g
Filfil-e-Siya	10Tolas	120g
Posthe beekh-e-Madar	20Tolas	240g
Aab-e-Adhrak	Q.S.	

12. HABB-E-HAMAL
(Maghzanal Murakkabath)

Mishk Khalis	¼ Masha	1/4g
Afiyoon	1 Masha	1g
Jozbuva	1 Masha	1g
Zafran	1 Masha	1g
Bhang	2 Masha	2g
Supari	3 Masha	3 g

Qaranphal	4 Masha	4 g
Qand Siya	5 Masha	5 g

13. HABB-E-HILTHEETH (Maghzanal Murakkabath)

Heeng	4 Tolas	48g
Soant	3 Tolas	36g
Bamal-e-Lahoori	2 Tolas	24g
Namak-e-Siya	1 Tola	12g
Qaranfal	1 Tola	12g
Khoolanjan	1 Tola	12g
Dar-e-Filfil	1 Tola	12g
Dana Elaichi Khurd	1 Tola	12g
Dana Elaichi Kalan	1 Tola	12g
Kabab Chini	1 Tola	12g
Masthagi	1 Tola	12g
Filfil Moya	1 Tola	12g
Nankha	1 Tola	12g
Haleel-e-Kabuli	1 Tola	12g
Baleela	1 Tola	12g
Amla	1 Tola	12g
Kulanji	¾ Tola	3g

14. HABB-E-KHARDAL (Kharbadin-e-Azam)

Filfil-e-siya	3 Tolas	36g
Khardal	10 Tolas	120g
Kundur	13 Tolas	156g
Behrooza	13Tolas	156g
Mur Makki	21Tolas	252g

15. HABB-E-MUDIR (Kharbadin-e-Jadeed)

Sibr	1Tola	12g
Zafran	1 Tola	12g
Heera Kasees	1 Tola	12g

16. HABB-E-MUSAFFI (Maghzanal Murakkabath)

Simab (Purified)	3Tolas	36g
Masthagi	3Tolas	36g
Aqarqarah	3Tolas	36g
Sumbulfar (Purified)	1/2Tola	6g

17. HABB-E-MUMSICK (Bayaz-e-Kabir)

Jaiphali	1Tola	12g
Shangraff Roomi	1 Tol;a	12g
Aqarqarah	1 Tola	12g
Afiyoon	1 Tola	12g
Honey	Q.S.	

18. HABB-E-MUMSICK MAMULI (Kharbadin-e-Azam)

Jauthri	1 Tola	12g
Jaiphali	1 Tola	12g
Afiyoon	1 Tola	12g
Mazu	1 Tola	12g
Aspand	1 Tola	12g
Masthagi	1 Tola	12g
Nagkesari	1 Tola	12g
Mocharas	1 Tola	12g
Thaj	1 Tola	12g
Gogil	1 Tola	12g
Supari Chaliya	1 Tola	12g
Dan-e-Elachi Khurd	1 Tola	12g
Bansalochan	1 Tola	12g
Ajwain-e-Khuraisani	1 Tola	12g
Behedana	Q.S.	

19. HABB-E-MURH (H.I.M. Pharmacopoeia)

Murh	3Tolas	36g
Lobia	5 Tolas	60g
Barge Sadab	2 Tolas	24g
Pudina	2 Tolas	24g
Mishk Tharmaghi	2 Tolas	24g
Fuva	2 Tolas	24g

Hiltheeth	2 Tolas	24g
Iskanjabeen	2 Tolas	24g
Jausheer	2 Tolas	24g
Abhal	6 Tolas	72g

20. HABB-E- NAFSUDDAM (Kharabadin-E-Azam)

Gil-E-Armani	3 Masha	3g
Kahruba	½ Masha	1/2g
Dammul Akhwain	10 ½ Masha	10 1/2g
Samagh-e-Arabi	10 ½ Masha	10 ½ g
Aqaqiya	10 ½ Masha	10 1/2g
Bansalochan	9 Masha	9g
Nishastha	8 Masha	9g
Usar-e-Lehathathees	9 Masha	9g
Katheera	3Masha	3g
Gulnar Pharsi	3Masha	3g

21. HABB-E- NAZIA (Maghzanal Murakkatbath)

Jundebedasther	1 Tola	12g
Zafran	1 Tola	12g
Rubbe Soos	2 Tolas	24g
Darchini	1 Tola	12g
Afiyoon	1 Tola	12g
Samagh-e- Arabi	2 Tolas	12g
Katheera	2 Tolas	24g
Nishastha	2 Tolas	24g

22. HABBE PAICHISH (Kharabadin-E-Jadeed)

Kafoor	¾ Tola	9g
Mazu	¼ Tola	3g
Maeen Khurd	¾ Tola	9g
Haleel-e-Zard	1 Tola	12g

Amla Khushk	12Tola	12g
Samag-e-Arabi	1/4Tola	3g
Afiyoon	1/6Tola	2g

23. HABBE RAHATH
(Maghzanal Murakkabath)

Bachnak Sufaid Mudabir	1 Tola	12g
Peepal	1 Tola	12g
Mirch Siya	1 Tola	12g
Suhaga Briyan	1 Tola	12g
Sangraff Musaffa	1 Tola	12g

24. HABB-E-RAMAD
(Kharbadin-e-Azam)

Raswath	1 1/2Tolas	18g
Afiyoon	2 Tolas	24g
Phatakri	4 Tolas	48g
Aab-e-Limu	Q.S.	

25. HABB-E-RASWATH
(Kharabadin-e-Jadeed)

Raswath		
Gogil		
Geru		
Maghz-e-Thukhm-e-Neem		
Maghz-e-Thukhm-e-Bakayan		
Thukm-e-Gandhna	All equal quantity.	

26. HABB-E-REWAND
(Maghzanal Murakkabath)

Rewand Chini	1Tola	12g
Shor-e-Khalmi	1 Tola	12g
Naushadir	1 Tola	12g

27. HABB-E-SHARA
(Maghzanal Murakkabath)

Katheera	4Rathis	5g
Ayarij-e-Fikhru	3Masha	3g
Posth-e-Haleele Zard	7Masha	7g
Aab-e-Karafs	Q.S.	

28. HABB-E-SURINJAN
(Kharabadin-e-Jadeed)

Sibr	1Tola	12g
Posth-e-Haleele Zard	1Tola	12g
Surinjan-e-Shirin	1Tola	12g

29. HABB-E-SUAL
(Maghzanal Murakkabath)

Samagh-e-Arabi	3Tolas	36g
Katheera	3Tolas	36g
Maghz-e-Behidana	2Tolas	24g
Maghz-e-Thukme Kaddu	2Tolas	24g
Maghz-e-Thukme Khiyat	2Tolas	24g
Nishastha	3Tolas	36g
Maghz-E-Badam	4Tolas	48g
Thukme Khashkhas	4 Tolas	48g
Shakar-e-Thabarzad	7 Tolas	84g
Luvab-e-Isubgol	Q.S.	

30. HABBE SUMBULFAR
(Maghzanal Murakkabath)

Sankiya Sufaid	6 Masha	6g
Surinjan-e-Shirin	1Tola	12g
Abe Limu	6 Tolas	72g
Abe Sheere Kaddu	6Tolas	72g

31. HABB-E-SURFA
(Maghzanal Murakkabath)

Rubbe Soos	3Tolas	36g
Filfil-e-Siya	3Tolas	36g
Nabath	3Tolas	36g

32. HABB-E-THINKAR

(Alkharabadin)

Suhaga Briyan	3Tolas	84g
Ajwain Khuraizani	2 3/4Tolas	33g
Mirch Siya	3 1/2Tolas	42g
Elva	482/3Tolas	584g
Arakh-e-Ghekavar	Q.S	

33. HABB-E-WAJAVUR REHAM

(H.I.M. Pharmacopoeia)

Varge Panjangust	100Leaves
Garlic (Single Pep)	30units
Filfil-e-Siya	100units

34. HABBE JAWAHIR MOHRA

(Maghzanal Murakkabath)

Yakhood (Red Rubies)	1Tola	12g
Neelan (Blue Rubies)	1 Tola	12g
Pakhranj (Yellow Ruby)	1Tola	12g
Zamarud (Green Ruby)	1Tola	12g
Marvarid Nasiftha (Pearls unused)	1Tola	12g
Busud Surkh (Red Coral)	1Tola	12g
Yashab Ahmer (Agate)	1Tola	12g
Akheeth Yamni (Cornelian)	1Tola	12g
Akheeth Ahmer (Cornelian Red)	1Tola	12g
Lajvard Maghsool	1Tola	12g
Fadzabar Madani	1Tola	12g
Masthagi Roomi	1Tola	12g
Varkhe Nukhra	1Tola	12g
Varkhe Thila	2Tolas	24g
Nargil-e-Daryayi	2Tolas	24g
Jadvar	2Tolas	24g
Mimiyayi	2Tolas	24g
Arakhe Gulahm	Q.S.	
Arakhe Bind Mishk	Q.S.	

Arakhe Kevda

Q.S.

35. HABB-E-ZAHEER
(Maghzanal Murakkabath)

Mayeen Khurd

1Tola

12g

Kathe sufaid

1Tola

12g

Afiyoon

1Tola

12g

Section 6

HALVA

4. Halva-e-Baize Murgh
5. Halva-e-Gazar
6. Halva Murgh Siya

1. HALVA-E-BAIZ-E-MURGH (Kharabadeen azam page 50)

Baize Murgh	11 Eggs	
Ghee	1Lbs	12g
Sugar	1Lbs	12g
Zafran	1/6 Tola	12g 2g
Mishk Khalis	15grains	12g 1g

2. HALVA-E- GAZAR (Kharabadin-e-Jadeed)

Gazar	30 Tola	12g
Cow Milk	30oz	12g
Ghee	10Tola	12g 120g
Sugar	2 ½ Lbs	12g 6g
Maghze Chalgoza	½ Tola	12g 6g
Maghze Akhroat	½ Tola	12g 6g
Maghze Findhak	½ Tola	12g 6g
Maghze Badam	½ Tola	12g 6g
Maghze Nargil	½ Tola	12g 6g
Maghze Pistha	½ Tola	12g 6g
Maghze Charange	½ Tola	12g 6g

Dose: 1 to 2 Tola

3. HALVA MURGH SIYA (Maghzanal Murakkabath)

Murgh Kadaanath (Cock black in all respects)	2Unit	
Arakhe Gulab (Four times the quantity of cock)	4 times	
Sugar Candy	8 Lbs	12g
Maghze Badam	5 Masha	12g 5g
Maghze Habbussanober	5 Masha	12g 5g

Maghze Pistha
Alu-e-Shirin
Shaqaqul Misri
Dose: 1 to 2 Tola

5 Masha
5 Masha
22 Masha

12g 5g
12g 5g
12g 22g

Section 7

ITHRIPHAL

01. Ithriphal-e-Afthimoon
02. Ithriphal-e-Afthimoon Musil
03. Ithriphal-e-Gudoodi
04. Ithriphal-e-Kabir
05. Ithriphal-e-Kishmishi
06. Ithriphal-e-Kishneez
07. Ithriphal-e-Muqil
08. Ithriphal-e-Mulaiyen
09. Ithriphal-e-Sagheer
10. Ithriphal-e-Shahthira
11. Ithriphal-e-Usthakhuddoos
12. Ithriphal-e-Zamani

1. ITHRIPHAL-E-AFTHIMOON
(Indian Medical Hospital Pharmacopoeia)

Posth-e-Haleel-e-Kabuli	8 Tola	96g
Amla	8 Tola	96g
Posth-e-Baleela	8 Tola	96g
Barg-e-Sena	4 Tola	48g
Thurbud Sufaid	4 Tola	48g
Afthimoon	4 Tola	48g
Sheethraj Hindi	2 Tola	24g
Bisfajj	2 Tola	24g
Anisoon	2 Tola	24g
Namak-e-Hindi	2 Tola	24g
Asal	3 1/4 Tola	39g

2. ITHRIPHAL -E - AFTHIMOON MUSIL
(Maghzanal Murakkabath)

Namak-e-Hindi	3/4 Tola	9g
Afthimoon	1 1/2 Tola	18g
Gharikhoon	1 1/2 Tola	18g
Gauzban	1 1/2 Tola	18g
Badranj Boya	1 1/2 Tola	18g
Gul-e-Surk	1 1/2 Tola	18g
Posth-e-Haleel-e-Kabuli	2 Tola	24g
Posth-e-Haleel-e-Zard	2 Tola	24g
Haleel-e-Siya	2 Tola	24g
Posth-e-Baleela	2 Tola	24g
Usthakhoodos	2 Tola	24g
Amla	2 Tola	24g
Bisfajj	2 Tola	24g
Thurbud Sufaid	3 Tola	36g
Saqmooniya	3 Tola	36g
Shahad	2 Lbs	960g

3. ITHRIPHAL-E-GUDOODI
(Kharabadin-e-Azam)

Haleel-e-Siya	15 Tola	180g
---------------	---------	------

Baleela	7 Tola	84g
Amla	7 Tola	84g
Nasuth	7 Tola	84g
Afthimoon	10 Tola	120g
Bisfaij	5 Tola	60g
Usthakhoodos	5 Tola	60g
Ghudood-e-Gardan-e-Gospan Khushk	5 Tola	60g
Sana Makki	4 Tola	48g
Gharikhoon	3 Tola	36g
Zaranbad	3 Tola	36g
Sheethraj	3 Tola	36g
Naushader	3 Tola	36g
Anisoon	2 Tola	24g
Thaj	2 Tola	24g
Balchad	2 Tola	24g
Lavang	2 Tola	24g
Elaichi Sufaid	2 Tola	24g
Jaiphal	2 Tola	24g
Masthagi	2 Tola	24g
Honey	7 Lbs	3360g

3. ITHRIPHAL-E-KABIR (Maghzanal Murakkabath)

Posth-e-Haleel-e-Kabuli	1 ½ Tola	18g
Haleel-e-Siya	1 ½ Tola	18g
Posth-e-Baleela	1 ½ Tola	18g
Amla	1 ½ Tola	18g
Filfl-e-Daraz	1 ½ Tola	18g
Filfl-e-Siya	1 ½ Tola	18g
Zanjabeel	¾ Tola	9g
Bisbasa	¾ Tola	9g
Shaqaqul Misri	¾ Tola	9g
Boozidan	¾ Tola	9g
Thoodari Surkh	¾ Tola	9g
Thoodari Zard	¾ Tola	9g
Inderjau Sheerin	¾ Tola	9g
Bahaman-e-Surkh	¾ Tola	9g
Bahaman-e-Sufaid	¾ Tola	9g
Kunjad	¾ Tola	9g
Khashkhas	¾ Tola	9g
Maghz-e-Anardana	¾ Tola	9g

Thuranjbeen	10 Tola	120g
Shahad	1 ½ Lbs	720g

5. ITHRIPHAL-E-KISHMEESHI (Maghzanal Murakkabath)

Posth-e-Haleel-e-Zard	7 Tola	84g
Posth-e-Baleela	7 Tola	84g
Haleel-e-Siya	7 Tola	84g
Amla	7 Tola	84g
Kishneez Khushk	14 Tola	168g
Nabath Sufaid	24 Tola	288g
Kishmeesh	48 Tola	576g

6. ITHRIPHAL-E-KISHNEEZ (Maghzanal Murakkabath)

Baleel-e-Zard	5 Tola	60g
Baleel-e-Kabuli	5 Tola	60g
Baleel-e-Siya	5 Tola	60g
Amla Mukhashar	5 Tola	60g
Posth-e-Baleela	5 Tola	60g
Kishneez Khushk	5 Tola	60g
Shahad	2 ¼ Tola	27g

7. ITHRIPHAL-E-MUQIL (Maghzanal-Murakkabath)

Posth-e-Haleel-e-Kabuli	1 Tola	12g
Posth-e-Haleel-e-Zard	1 Tola	12g
Posth-e-Baleela	1 Tola	12g
Amla Mukhashar	1 Tola	12g
Mukheel Arzak	3 Tola	36g
Maviz-e-Munaqqa	8 Tola	96g
Honey	¾ Lbs	360g

8. ITHRIPHAL-E-MULAIYEN (Maghzanal-Murakkabath)

Posth-e-Haleel-e-Kabuli	1 ½ Tola	18g
Posth-e-Baleela	1 ½ Tola	18g
Haleel-e-Siya	1 ½ Tola	18g
Amla Mukhashar	1 ½ Tola	18g
Thurbud Sufaid	1 ½ Tola	18g
Revand Cheeni	4 Tola	48g
Badiyan	4 Tola	48g
Masthagi	4 Tola	48g
Usthakhoodos	4 Tola	48g
Saqmooniya	7 Tola	84g
Honey	2 ¾ Lbs	1320g

9. ITHRIPHAL-E-SAGHEER (Maghzanal-Murakkabath)

Posth-e-Haleel-e-Zard	5 Tola	60g
Posth-e-Haleel-e-Kabuli	5 Tola	60g
Haleel-e-Siya	5 Tola	60g
Amla Khushk Mukhashar	5 Tola	60g
Posth-e-Baleela	5 Tola	60g
Honey	2 Lbs	960g

10. ITHRIPHAL-E-SHAHTHIRA (Kharabadin-e-Azan)

Posth-e-Haleel-e-Zard	2 Tola	24g
Posth-e-Haleel-e-Kabuli	2 Tola	24g
Posth-e-Haleel-e-Zangi	2 Tola	24g
Posth-e-Bhad	2 Tola	24g
Amla	2 Tola	24g
Gulab Phool	2 Tola	24g
Afthimoon	2 Tola	24g
Sandal	2 Tola	24g
Dhaniya	2 Tola	24g
Charaitha	2 Tola	24g
Maghz-e-Thukm-e-Kaddu	6 Tola	72g

Maghz-e-Thukm-e-Kaddu Shirin	4 Tola	48g
Barg-e-Shahthira	10 Tola	120g
Shakkar	3 Lbs	1440g

11. ITHRIPHAL-E-USTHAKHUDDOOS

(Alkharabadin)

Posth-e-Haleel-e-Zard	2 Tola	24g
Posth-e-Haleel-Kabuli	2 Tola	24g
Haleel-e-Siya	2 Tola	24g
Posth-e-Bheda	2 Tola	24g
Amla	2 Tola	24g
Sana Makki	2 Tola	24g
Nusuth Sufaid	2 Tola	24g
Bisfajj Pisthakhee	2 Tola	24g
Usthakhuddoos	2 Tola	24g
Masthagi Roomi	2 Tola	24g
Afthimoon	2 Tola	24g
Kishmish	2 Tola	24g

12. ITHRIPHAL-E-ZAMANI

(Maghzanal Murakkabath)

Thurbud Sufaid	7 Tola	84g
Kishneez Khushk	7 Tola	84g
Posth-e-Haleel-e-Zard	4 Tola	48g
Posth-e-Haleel-e-Kabuli	4 Tola	48g
Haleel-e-Siya	4 Tola	48g
Saqmooniya	4 Tola	48g
Gul-e-Banafsha	4 Tola	48g
Posth-e-Baleela	2 Tola	24g
Amla	2 Tola	24g
Thabasheer	2 Tola	24g
Gul-e-Surk	2 Tola	24g
Gul-e-Niloufer	2 Tola	24g
Sandal-e-Sufaid	1 ½ Tola	18g
Katheera	1 ½ Tola	18g

All the above are to be powdered and roasted with Roghan-E-Badam or Ghee 15 Tolas.

Prepare the decoction of the following:

Unnab	100 Units	
Sapistan	100 Units	
Gul-e-Banafsha	5 Tola	60g

Add the following to the decoction.

Sheer-e-Murrabb-e-Haleela	2Lbs	960g
Shahad	4Lbs	1920g

Section 8

JAUHAR

4. Jauhar-e- Kalam
5. Jauhar-e-Shafa
6. Jawahir Mohra

1. JAUHAR-E-KALAN
(Alkhara Badin)

Raskapoor	1 Tola	12g
Sumbulfar	1 Tola	12g
Darchini	1 Tola	12g
Para	1 Tola	12g
Shangraff	1 Tola	12g

2. JAUHAR-E-SHAFI
(Kharabadiin-E-Jadeed)

Kafoor	1Oz	30g 28g
Sath-e- Ajwain	1Oz	30g 28g
Sath-e- Pudina	1Oz	30g 28g

3. JAWAHIR MOHARA
(Alkharabadiin)

Zahar Mohra Khathai	1 ¾ Masha	1 ¾ g
---------------------	-----------	-------

Marvarid Nasiftha	7Masha	7g
Busud	7 Masha	7g
Kahruba Shamai	7 Masha	7g
Lajvard Magsool	7Masha	7g
Yakhood Surk	7 Masha	7g
Yakhood Kabood	7 Masha	7g
Yakhood Asfar	7 Masha	7g
Yashab Sabz	7 Masha	7g
Zamarrud	7 Masha	7g
Aqeeq Surk	7 Masha	7g
Varkhe Nukhra	7 Masha	7g
Masthagi	3 ½ Masha	3 ½ g
Varkhe Thila	3 ½ Masha	3 ½ g
Jadvar Khathai	3 ½ Masha	3 ½ g
Nargil Khathai	3 ½ Masha	3 ½ g
Amber Ashab	3 ½ Masha	3 ½ g
Mishk	3 ½ Masha	3 ½ g
Momiyayi	3 ½ Masha	3 ½ g

Dose: 2 to 4 Rice weights with Dawaul misk Bajawahir or Labube Kabir

Section 9

JAWARISH

01. Jawarish-e-Amla Sada
02. Jawarish-e-Lulavi
03. Jawarish-e-Anarain
04. Jawarish-e-Jalinoos
05. Jawarish-e-Kamoon Kabir
06. Jawarish-e-Kamoon Sada
07. Jawarish-e-Moin-e-Hamal
08. Jawarish-e-Masthagi
09. Jawarish-e-Ood-e-Thursh
10. Jawarish-e-Safarjali Mushil
11. Jawarish-e-Sandal Shirin
12. Jawarish-e-Sangdan-e-Murgh
13. Jawarish-e-Thamar-e-Hindi
14. Jawarish-e-Zafran

1. JAWARISH-E-AMLA SADA
(Kharabadin-e-Jadeed)

Amla		10 Tola	120 g
Kishniz		½ Tola	6 g
Gul-e-Surk		½ Tola	6 g
Sadaf Sukhtha		½ Tola	6 g
Masthagi		¼ Tola	3 g
Thabasheer		¼ Tola	3 g
Elaichi Sabz		¼ Tola	3 g
Samakh		¼ Tola	3 g
Nukhud		¼ Tola	3 g
Lime Juice		4 Ozs	120g
Sugar Candy		¼ Lb	120 g

Dose: ½ to 1 Tola (6-12 gms) on empty stomach with Arakhe Gauzban.

Usage: Strengthens Heart and Stomach. Subsides Heat of liver. Checks Diarrhoea.

2. JAWARISH -E-LULAVI
(Kharabadin-e-Azam)

Sheerai Amla		14 Masha	14 g
Zarishk		8 Masha	8 g
Sandal-e-Sufaid		2 Masha	2 g
Bansalochan		2 Masha	2 g
Gul-e-Gauzaban		2 Masha	2 g
Samakh		2 Masha	2 g
Dan-e-Elaichi Khurd		2 Masha	2 g
Badranj Boya		2 Masha	2 g
Abresham Mukhariz		2 Masha	2 g
Darchini		2 Masha	2 g
Gul-e-Surk		4 Masha	4 g
Thukme Khurfa		3 Masha	3 g
Marvarid Nasiftha		1 ½ Masha	1.5 g
Amber Ashab		1 Masha	1 g
Varkhe Thila		1 Masha	1 g
Varkhe Chandi		1 Masha	1 g

Misri		120 Tola	1440 g
Sherbathe Alu (Murabbe Bihi)		24 Tola	288 g
Sherbathe Anar		20 Tola	240 g
Murabbe Bihi		24 Tola	168 g

Does: ¼ to ½ Tola. (3-6 gms)

Usage : Melancholia, Hypochondriasis, Neurasthenia, Headache, Liver disorders, Malnutrition, Anaemia and Sprue.

3. JAWARISH-E-ANARAIN (Alkharabadin)

Abe Anar Shirin		2 Lbs	960 g
Abe Anar Thursh		2 Lbs	960 g
Qand Sufaid		2 Lbs	960 g
Abe Nana Sabz		8 Tola	96 g
Arakh-e- Gulab		8 Tola	96 g
Balchad		4 Tola	48 g
Masthagi		4 Tola	48 g
Elaichi Kalan		4 Tola	48 g
Posthe Thuranj		4 Tola	48 g
Posthe Beroon Pistha		3 ½ Tola	42 g
Elaichi Khurd		3 Tola	36 g

Dose: ½ to 1 Tola (6-12 gms)

Usage: Strengthens Liver. Good for Cirrhosis and Liver Abcess, Jaundice, Subsides thirst, Increase appetite.

4. JAWARISH-E-JALINOOS (Maghzanul Murakkabath)

Sumbul Athib

Qaranphal
 Khakhila
 Salikha
 Darchini
 Khulanjan
 Saad Kufi
 Zanjabeel
 Filfil-e-Siya
 Dar-e-Filfil
 Khushth Shirin
 Oode Balsan
 Asaroon
 Thukme Moorad
 Charaitha
 Masthagi
 Zafran
 Honey

Sumbul Athib		7 Tola	84 g
Qaranphal		7 Tola	84 g
Khakhila		7 Tola	84 g
Salikha		7 Tola	84 g
Darchini		7 Tola	84 g
Khulanjan		7 Tola	84 g
Saad Kufi		7 Tola	84 g
Zanjabeel		7 Tola	84 g
Filfil-e-Siya		7 Tola	84 g
Dar-e-Filfil		7 Tola	84 g
Khushth Shirin		7 Tola	84 g
Oode Balsan		7 Tola	84 g
Asaroon		7 Tola	84 g
Thukme Moorad		7 Tola	84 g
Charaitha		7 Tola	84 g
Masthagi		12 Tola	144 g
Zafran		7 Tola	84 g
Honey		9 ¼ Lbs	4440 g

Dose : ¼ to Tola (6-12 gms)

Usage: Digestive, Carminative. Strengthens all the organs, Relieves Lumbago, Polyuria, Bronchitis, and Nervous Dyspepsia Nervous tonic. Cold, Chronic, Cough. Bronchitis, piles, Obesity. Given in Diabetes without sugar or Honey.

5. JAWARISH-E-KAMOON KABIR
(Kharabadin-e-Jadeed)

Zeer-e-Sufaid		15 Tola	180 g
Filfi-e-Siya		2 Tola	24 g
Filfil-e-Sufaid		2 Tola	24 g
Barge Sadaab		4 ½ Tola	54 g
Darchini		1 ½ Tola	18 g
Burad-e-Surkh		1 ½ Tola	18 g
Boor-e-Armani		2 Tola	24 g
Murabb-e-Adhrak		12 Tola	144 g
Murabb-e-Haleele Kabuli		18 Tola	216 g
Gulqand		30 Tola	360 g
Sugar Candy		30 Tola	360 g
Honey		10 Tola	120 g

Dose: ½ to 1 tola thrice a day or very frequently as required. (6-12 gms)

Usage: Strengthens the stomach, Brain and heart. Strong Carminative. Good for all diseases of the Alimentary System, Colic, Dyspepsia. Stops Diarrhoea and Vomiting and removes Constipation.

6. JAWARISH-E-KAMOON SADA
(Maghzanal Murakkabath)

Zeer-e-Kimani Mudabir		14 Tola	168 g
Barge Sada		6 Tola	72 g
Soant		6 Tola	72 g
Boor-E-Armani		12 Tola	144 g
Filfil-e-Siya		48 Tola	576 g
Honey		6 ½ Lbs	3120 g

Powder Nos. 1 to 5 and add to the Khivam of No.06

Dose: ½ to 1 Tola.

Usage: Anorexia, Dyspepsia, Chronic Constipation.

7. JAWARISH-E-MOIN-E-HAMAL

(Alkharabadin)

Burad-e-Dandan-e-Feel		5 Masha	5 g
Silarus		5 Masha	5 g
Balchad		5 Masha	5 g
Darchini		5 Masha	5 g
Masthagi		5 Masha	5 g
Agar		5 Masha	5 g
Afiyoon		2 Masha	2 g
Daroonuj Aqrabi		3 Masha	3 g
Thejpath		3 Masha	3 g
Oode Salib		3 Masha	3 g
Gul-e-Surk		3 Masha	3 g
Posthe Thurunj		4 Masha	4 g
Nager Motha		4 Masha	4 g
Lavang		4 Masha	4 g
Nag Kesar		4 Masha	4 g
Amber Ashab		1 Masha	1 g
Mishk		1 Masha	1 g
Misri		3 Lbs	1440 g
Honey		1 ½ Lbs	720 g

Dose : ¼ to ¾ Tola with Milk. Preferably from the first month of pregnancy.

Usage: Prevents frequent Abortions. Protects the pregnancy. Strengthens the foetus.

8. JAWARISH-E-MASTHAGI

(Uttar Pradesh Government Dispensaries)

Masthagi Roomi		2 ½ Tola	2.5 g
Sugar		2 Lbs	960 g
Arakhe Gulam		2 Lbs	960 g
Roghan-e-Badam		Q.S	

Apply Roghan- E-Badam or Gingelly oil or Olive oil to a copper vessel. Dissolve sugar and Arakhe Gulam in that Vessel. Heat and take the khivum and add the powdered Masthagi Roomi.

Dose: ¼ to ¾ Tola with water.

Usage: Excessive Salivation. Strengthens the stomach and Intestines. Digests food. Useful in Polyuria.

9. JAWARISH E OOD-E-THURSH

(Kharabadin -e-Azam)

Gul-e-Surk		14 Tola	168 g
Sandal-e-Sufaid		7 Tola	84 g
(Rubbed with Rose water)		7 Tola	84 g
Zarishk		7 Tola	84 g
Elaichi Khurd		7 Tola	84 g
Thabashir Sufaid		7 Tola	84 g
Oode Hindi		7 Tola	84 g
Pudina Khushk		7 Tola	84 g
Posthe Thurunj		7 Tola	84 g
Sherbathe Anar Shirin		48 Tola	576 g
Ambli		36 Tola	432 g
Arakhe Gulab		3 Lbs	1440 g
Qand Sufaid		6 Lbs	2880 g

Dose: ½ to Tola.

Usage: Digestive, in heaty temperament people. Checks vomiting and Diarrhoea. Strengthens Digestive system.

10. JAWARISH-SAFARJALI MUSHIL (Maghzanal Murakkabath)

Abe Murabbe Bihi		1 Lbs	480 g
Qand Sufaid		½ Lbs	240 g
Honey		½ Lbs	240 g
Elaichi Khurd		2 Tola	24 g
Elaichi Kalan		2 Tola	24 g
Zafran		1 Tola	12 g
Masthagi		1 5/12 Tola	19 g
Saqmooniya		1 5/12 Tola	19 g
Thurbuz Sufaid		9 Masha	9 g

Dose: ½ to 1 Tola at bed time.

Usage: Colic. Especially in cold temperament people. Purgative, In Cold Fevers, Jaundice, Colitis, Colitis, Dyspepsia. Expels all the bad matter from the stomach.

11. JAWARISH-E-SANDAL SHIRIN (Maghzanal Murakkabath)

Sandal-e-Sufaid
Sandal-e-Surkh
Thabasheer Sufaid
Thukme Khurfa
Busud
Kishniz (Briyan)

Posthe Beroon-e-Pistha Briyan
 Masthagi
 Oode Hindi
 Dan-e-Elaichi Khurd
 Dan-e-Elaichi Kalan
 Darchini
 Zafran
 Sazij Hindi
 Kafoor-e-Kaisoori
 Honey
 Sugar Candy

Sandal-e-Sufaid		24 Masha	24 g
Sandal-e-Surkh		24 Masha	24 g
Thabasheer Sufaid		10 Masha	10 g
Thukme Khurfa		10 Masha	10 g
Busud		10 Masha	10 g
Kishniz (Briyan)		10 Masha	10 g
Posthe Beroon-e-Pistha Briyan		10 Masha	10 g
Masthagi		11 Masha	11 g
Oode Hindi		11 Masha	11 g
Dan-e-Elaichi Khurd		10 Masha	10 g
Dan-e-Elaichi Kalan		11 Masha	11 g
Darchini		12 Masha	12 g
Zafran		11 Masha	11 g
Sazij Hindi		11 Masha	11 g
Kafoor-e-Kaisoori		2 Masha	2 g
Honey		9 Ozs	270g
Sugar Candy		9 Ozs	270g

Dose: ¼ to Tola.

Usage: Palpitation, Neurasthenic, Anxieties, Strengthens Liver and Stomach.

12. JAWARISH-E-SANGDAN-E-MURGH (Kharabadin-e-Azam)

Sangdana Murgh		3 Tola	36 g
----------------	--	--------	------

Thabasheer		3 Tola	36 g
Pudina Khushk		1 ½ Tola	18 g
Posthe Beroon-e-Pistha		1 ½ Tola	
Posthe Thurunj		1 ½ Tola	18 g
Posthe Haleela		1 ½ Tola	18 g
Gul-e-Surk		2 Tola	24 g
Bahaman-e-Sufaid		2 Tola	24 g
Bahaman-e-Surkh		2 Tola	24 g
Sandal-e-Sufaid		2 Tola	24 g
Sandal-e-Surkh		2 Tola	24 g
Saather		2 Tola	24 g
Kishniz		2 Tola	24 g
Honey		2 ¼ Tola	27 g

Dose: ½ to 1 Tola.

Usage: Chronic Diarrhoea, Sprue, Chronic Colitis, Tuberculous Diarrhoea. Especially good for motions passes after meals. Strengthens the stomach.

13. JAWARISH-E-THAMAR-E-HINDI (Kharabadin-e-Azam)

Gul-e-Surk		2 Tola	24 g
Kishniz		2 Tola	24 g
Masthagi		1 Tola	12 g
Elaichi Khurd		1 Tola	12 g
Zarishk		1 Tola	12 g
Bansalochan		1 Tola	12 g
Thejpath		1 Tola	12 g
Posthe Thuranj		1 Tola	12 g
Pudina		1 Tola	12 g
Sandal (Rubbed with Gulab)		1 Tola	12 g
Abe Anar (If big fruit)		1 Tola	12 g
Murabbe Amla		1 Tola	12 g
Ambli		4 Tola	48 g
Sugar		3 Lbs	1440 g

Dose: 1/6 to 1/4 Tola.

Usage: Subsides thirst, vomiting, Expels Bile. Strengthens Heart and Stomach. Digests food and stops Giddiness.

14. JAWARISH-E-ZAFRAN (Alhkarabadin)

Maghze Badam		14 Masha	14 g
Zafran		1 3/4 Tola	21 g
Agar		1 Tola	12 g
Lavang		1 Tola	12 g
Jauthri		1 Tola	12 g
Aqarqarha		1 3/4 Tola	21 g
Khoolanjan		1 Tola	12 g
Darchini		1 Tola	12 g
Soant		1 Tola	12 g
Dan-e-Elaichi		1 Tola	12 g
Masthagi		1 Tola	12 g
Sugar		1 1/2 Lbs	720 g

Dose: 1/4 to 1/2 Tola. (3-6 gms)

Usage: Aphrodisiac. Retentive. Gives Satisfaction and is a Heart and Nervous tonic.

Section 12

KOHAL

- 05.Kohal-e-Bukhrathi
- 06.Kohalul Jawahir
- 07.Kohalul Ghishsha
- 08.Kohalul Mukhavi

1. KOHAL-E-BUKHRATHI (Maghzanul Murakkabath)

Sheesha Sabz Muhanazh Maghzanul	7 ½ Tola	7g 90g
Boor-e-Armani	¼	3g
Samander Jhag	¼	3g

2. KOHALUL JAWAHIR (Maghzanul Murakkabath)

Surme Asfahni	7 Tola	84g
Sange Basri	7	84g
Yakhooth Surkh	7	84g
Lajvard Maghsool	7	84g
Zafran	7	84g
Thubale Mis Sookhtha	7	84g
Sena Makki	14	168g
Marjan Sookhtha	14	168g
Dhana Farang	14	168g
Akheekh Surkh	14	168g
Thila	14	168g
Nukhra	14	168g
Mameeran Cheeni	14	168g
Filfil-e-Sufaid	14	168g
Dar-e-Filfil	14	168g
Akhlimiya	13	168g 156g
Rooyi Sookhtha	14	168g
Sarthane Nahri	21	252g
Marvarid Nasiftha	21	252g
Sazij Hindi	21	252g

Dose: All to be grinded with Arkhe Kauda. Apply with Salayi

3. KOHALUL GHISHSHA (Maghzanul Murakkabath)

Dar-e-Filfil	1 Tola	12g
Filfil-e-Gird	1 Tola	12g
Kamila	1 Tola	12g

4. KOHALUL MUKHAVI (Ilajul Amraz)

Thoothiya Kirmani Maghseel	5 5/6 Tola	
Soant	7 ½ Tola	7g
Mirch Siyah	7 ½	7g
Peepal	7 ½	7g
Mamiran	7 ½	7g
Noushadar	¼	3g

Dose: Both powders are mixed and grind. Filter on silk cloth. Preserve for use . apply with salayi when required.

Section 14

LABOOB

4. Laboob-e-Abresham
5. Laboob-e-Kabir
6. Laboob-e-Sagheer

1. LABOOB-E-ABRESHAM
(Alkharabadin Page 985)

Maghz-e-Badam	½ Tola	6g
Maghz-e-Habbathul Khazra	½ Tola	6g
Maghz-e-Habul Zalam	½ Tola	6g
Maghz-e-Habul Khalkhal	½ Tola	6g
Thukme Khashkas	½ Tola	6g
Thukme Haliyoon	½ Tola	6g
Bahaman-e-Sufaid	½ Tola	6g
Darchini	½ Tola	6g
Soant	½ Tola	6g
Peepal	½ Tola	6g
Kababa	½ Tola	6g
Khurfa	½ Tola	6g
Mishk	½ Tola	6g
Khoolanjan	½ Tola	6g
Varkh-e-Nukhra	½ Tola	6g
Zafran	1 Tola	12g
Maghz-e-Findhak	1 ½ Tola	18g
Maghz-e-Chalgoza	1 ½ Tola	18g
Maghz-e-Pistha	1 ½ Tola	18g
Thoodari Surkh	1 ½ Tola	18g
Thoodari Zard	1 ½ Tola	18g
Narjeel	4 Tola	48g
Shakhakhul	4 Tola	48g
Abresham Mukharia	5 Tola	60g
Abresham Kham	½ Tola	6g
Arkhe Gulab	1 Tola	12g
Shahad	2 ½ Lbs	1200g

Dose: 1/4 to ¾ Tola

Indications: Good for the kidneys, Sexual weakness. Produces and thickness the semen and also a general tonic and gives shining colour to the face.

2. LABOOB-E-KABIR (Alhkarabadin Page 987)

Salab Misri	2 Tola 11 Masha
Narjeel Thaza	2 Tola 11 Masha
Maghz-e-Sar-e- Kaniashk Nar	2 Tola 11 Masha
Thukme	2 Tola 11 Masha
Khaskhas	
Maghz-e-Pistha	1 Tola 5 ½ Masha
Maghz-e-Badam	1 Tola 5 ½ Masha
Maghz-e-Findhak	1 Tola 5 ½ Masha
Maghz-e- Habbathul	1 Tola 5 ½ Masha
Khazra	
Maghz-e-Akhroat	1 Tola 5 ½ Masha
Maghz-e- Chalgoza	1 Tola 5 ½ Masha
Maghz-e-Habbuz	1 Tola 5 ½ Masha
Zalam	
Mahi Rubiyan	1 Tola 5 ½ Masha
Khoolanjan	1 Tola 5 ½ Masha
Shakhakhul	1 Tola 5 ½ Masha
Bahaman-e- Surkh	1 Tola 5 ½ Masha
Bahaman-e- Sufaid	1 Tola 5 ½ Masha
Thoodari Surkh	1 Tola 5 ½ Masha
Thoodari Zard	1 Tola 5 ½ Masha
Soant	1 Tola 5 ½ Masha
Thil	1 Tola 5 ½ Masha
Darchini	1 Tola 5 ½ Masha
Khzaib-e-Gau	Tola 11 Masha
Sohan Karda	
Sooranjan	1 Tola 2 Masha
Boozidan	1 Tola 2 Masha
Nana Khushk	1 Tola 2 Masha
Balchad	1 Tola 2 Masha
Nager Motha	Tola 11 Masha
Lavang	10 ½ Masha
Kabab Chini	10 ½ Masha

Inder Jau	10 ½ Masha
Daroonaj Akhrabi	10 ½ Masha
Zaranbad	10 ½ Masha
Habbul Khalkhal	10 ½ Masha
Thukme Gazar	10 ½ Masha
Thukme Mooli	10 ½ Masha
Thukme	10 ½ Masha
Shalgham	
Thukme Piyaz	10 ½ Masha
Ispisth	10 ½ Masha
Thukme Haliyoon	10 ½ Masha
Jaiphal	7 Masha
Jauthri	7 Masha
Chudhela	7 Masha
Peepal	7 Masha
Maya Shuthri	1 Tola 1 ½ Masha
Airahi	
Zafran	1 Tola 1 ½ Masha
Masthagi	1 Tola 1 ½ Masha
Ager	9 Masha
Amber	4 ½ Masha
Mishk	2 ¼ Masha
Varkhe Thila	30 unit
Varkhe Nukhra	50 unit
Shahad	4 ½ Lbs

Dose: ¼ to ½ Tola.

Indication: Increase the sex desire and semen. Makes the semen thick. Checks premature ejaculation. Strengthens the Brain and Kidney, Fattens the Body and brings beautiful colour to the face.

3. LABOOB-E-SAGHEER

(Alkkharabadin Page 986)

Maghz-e-Badam Shirin	1 Tola	12g
Maghz-e-Akhroat	1 Tola	12g
Maghz-e-Habbathul Khazra	1 Tola	12g
Maghz-e-Chalgoza	1 Tola	12g

Maghz-e-Habbul Zalam	1 Tola	12g
Maghz-e-Findhak	1 Tola	12g
Maghz-e-Pistha	1 Tola	12g
Maghz-e-Narjeel Thaza	1 Tola	12g
Maghz-e-Habbul Khalkhal	1 Tola	12g
Khashkhas Sufaid	1 Tola	12g
Thoodari Zard	1 Tola	12g
Thoodari Surkh	1 Tola	12g
Thil (Covering removed)	1 Tola	12g
Bahaman-e-Surkh	1 Tola	12g
Bahaman-e-Sufaid	1 Tola	12g
Khurfa	1 Tola	12g
Sont	1 Tola	12g
Peepal	1 Tola	12g
Aqarqarah	1 Tola	12g
Kabab Cheeni	1 Tola	12g
Shakhakhul	1 Tola	12g
Khoolanjan	1 Tola	12g
Thukme Jarjeer	1 Tola	12g
Thukme Piyaz	1 Tola	12g
Thukme Shalgham	1 Tola	12g
Thukme Ispisth	1 Tola	12g
Thukme Hallyoon	1 Tola	12g
Honey	2 Lbs	960g

Indication: Increases sexual desire and power. Strengthens the Kidney and Bladder. Strengthens the body and mind.

Section 15

LAVOOKH

- 01 Lavookh-e-Anjeer
02. Lavookh-e-Falij
03. Lavookh-e-Kathan
- 04 Lavookh-e-Khash Khash
- 05 Lavookh-e-Hulba
06. LavookheE-Nafsuddam
07. Lavookh-e-Sapistan
08. Lavookh-e-Seer

1. LAVOOKH-E-ANJEER
(Maghzanal Murakkabath)

Anjeer Khushk	2 Oz	30g
Pudina Khushk	2 Oz	30g
Samagh-e-Arabi	½ Oz	15g
Honey	½ Oz	15g

Dose: 1 to 3 Tolas (12-36g)

2. LAVOOKH-E-FALIJ
(Kharabadin-E-Azam)

Zanjabeel	¼ Lb	120g
Zaranbad	¼ Lb	120g
Pipla Mool	¼ Lb	120g
Mirch Siya	¼ Lb	120g
Khoolanjan	¼ Lb	120g
Kayephal	¼ Lb	120g
Aqarqarha	¼ Lb	120g
Vaj	¼ Lb	120g
Honey	5Lbs	2400g

Dose: ½ to 1 Tola (6 to 12gms)

3. LAVOOKH-E-KATHAN
(Maghsanal Murakkatbath)

Thukme Kathan	30Tola	360g
Sugar	90 Tola	1080g

Dose: ½ to 1 Tola (6 to 12gms)

4. LAVOOKH-E-KHASH KHASH
(Alkharabadin page 999)

Thukme Khashkhash	5Tola	60g
Thukme Siyabo	5 Tola	60g
Mulatti	7 ½ Tola	90g

Bihidana	3 ¾ Tola	45g
Thukme Khatmi	3 ¾ Tola	45g
Khatheera	2 ½ Tola	30g
Gond-e-Babul	2 ½ Tola	30g
Luab-e-Isabgol	½ Lbs	240g
Sugar	2 ½ Lbs	1200g

Dose: ½ to 1 Tola (6 to 12gms)

5. LAVOOKH-E-HULBA (Kharabadin - e- Khadri Page 149)

Hulba	4Tola	48g
Maghz-e-Badam	4	48g
Khatheera	2	24g
Asle Soos	2	24g
Nishastha	2	24g
Samagh-e-Arabi	2	24g
Sugar or Honey	1 ½ Lbs	720g

Dose: ½ to 1 Tola (6 to 12gms)

6. LAVOOKH-E-NAFSUDDAM (Kharabadin-E-Azam page 224)

Anjibar	4 ½ Tola	54g
Dammul Akhwain	4 ½ Tola	54g
Kahruba	4 ½ Tola	54g
Busud	4 ½ Tola	54g
Kharasheesh	4 ½ Tola	54g
Dhaniya Khushk	3 ½ Tola	42g
Katheera	3 ½ Tola	42g
Gond-e-Keekar Briyan	3 ½ Tola	42g
Afiyoon Khalis	7/8 Tola	10.5g

Dose: ½ to 1 Tola (6 to 12gms)

7. LAVOOKH-E-SAPISTAN
(Alkharabadin Page 988)

Sapistan big size	50 fruits	
Unnab	20 fruits	
Posthe Khashkhash	2Tola	24g
Milatti	1 Tola	12g
Khathmi Sufaid	1/3 Tola	4g
Thukme Khiyar	1/3 Tola	4g
Bihidana	1/4 Tola	3g
Honey	1Lbs	480g

Dose: ½ to 1 Tola (6 to 12gms)

8. LAVOOKH-E-SHEER
(Kharabadin-e-khadri Page 150)

Lahasan cleared	½ Lbs	240g
Roghan-e-Ghau	½ Lbs	240g
Asal	1 Lbs	480g

Dose: ½ to 1 Tola (6 to 12gms)

Section 17

MARHAM

- 05. Marham-e-Aabi
- 06. Marham-e-Abiyaz
- 07. Marham-e-Dakhliyon
- 08. Marham-e-Kafoori

1. MARHAM-E-AABI (Maghzanal Murakkabath)

Gogil	4 Tola	48g
Seemab	4 Tola	48g
Raswath Hindi	7 Tola	84g
Roghane Kunjath	Q.S	

External applications only

Uses: All kinds of Fistula and Sinuses and Chronic Ulcer

2. MARHAM-E-ABIYAZ (Maghzanal Murakkabath)

Sufaid-e-Khalayi	6Tola	72g
Mom zard	6Tola	72g
Roghane Kunjath	12Tola	144g

Dose: External applications only

3. MARHAM-E-DHAKHLIYOON (Kharabadeen-e-Jadeed)

Murdarsingh (Purified)	5Tola	48g
Roghane Zaithoon	2 Tola	24g
Thukme Khathmi	2 Tola	24g
Isabghol	2 Tola	24g
Thukme Maru	2 Tola	24g
Hulba	2 Tola	24g
Thukhme Kathaan	2 Tola	24g

Dose: External applications only

4. MARHAM-E-KAFOORI (Kharabadeen-e-Jadeed)

Baladur	9 Units
Kafur Sada	4 Units
Oode loban	4Units
Kathe Sufaid	4 Units
Leemu	2 Units

Dose: External applications only

Section 21

SHERBATH

01. Sherbath-e-Abresham
02. Sherbath-e-Amli
03. Sherbath-e-Anannas
04. Sherbath-e-Anarshirin
05. Sherbath-e-Anar Thursh
06. Sherbath-e-Ansal
07. Sherbath-e-Asal
08. Sherbath-e-Banafsha
09. Sherbath-e-Balphal
10. Sherbath-e-Buzuri Barid
11. Sherbath-e-Busuri Har
12. Sherbath-e-Mothadil
13. Sherbath-e-Chobchini
14. Sherbath-e-Deenar
15. Sherbath-e-Ejaz
16. Sherbath-e-Gudhal
17. Sherbath-e-Haleela
18. Sherbath-e-Hulba
19. Sherbath-e-Isthiska
20. Sherbath-e-Kevda
21. Sherbath-e-Khaskhas
22. Sherbath-e-Khiya-e-Shambar
23. Sherbath-e-Limu
24. Sherbath-e-Marodphalli
25. Sherbath-e-Mubarak
26. Sherbath-e-Mulaiyan Barid
27. Sherbath-e-Mulaiyan Har
28. Sherbath-e-Munzij
29. Sherbath-e-Nafsuddam
30. Sherbath-e-Nilofer
31. Sherbath-e-Sandal
32. Sherbath-e-Soul
33. Sherbath-e-Thambul
34. Sherbath-e-Unbab
35. Sherbath-e-Ushba
36. Sherbath-e-Vard
37. Sherbath-e-Vard Mukarar

1. SHERBATH-E-ABRESHAM

(Aikharabadin Page 605)

Abresham Kham	37 ½ Tola	450g
Gauzban	18 ¾ Tola	225g
Badranj- Boya	18 ¾ Tola	225g
Usthakhuddoos	18 ¾ Tola	225g

All the above is to be soaked in 20 lbs. of water from the blacksmith pit, in which iron is heated to red hotness and dipped for complete 5 days (It should be heated daily otherwise it will give a bad smell). On the 5th day boil till 2/3 of water is evaporated, filter and take the decoction add 5 lbs. of Misri, heat and bring to Khivam. Then add the following drus powdered to the Khivam:-

Thukme Faranj Mishk	3 ¾ Tola	45g
Sandal-e-Sufaid	1 7/8 Tola	22.5g
Agar	1 ½ Tola	18g
Posthe Thurunj	1 1/8 Tola	13.5g
Thej Path	1 1/8 Tola	13.5g
Danunaj Aqrabi	1 7/8 Tola	22.5g
Marwarid Nasiftha	¾ Tola	9g
Kahruba	¾ Tola	9g
Busud	¾ Tola	9g
Yakhood	¾ Tola	9g
Posthe Beroon-e-Pistha	¾ Tola	9g
Lavang	¾ Tola	9g
Jauthri	¾ Tola	9g
Jaiphal	¾ Tola	9g
Narka Chur	¾ Tola	9g
Bahaman-e-Surkh	¾ Tola	9g
Bahaman-e-Sufaid	¾ Tola	9g
Amber	3/8 Tola	4.5g
Mishk	3/8 Tola	4.5g

Dose: 2 Tolas

Indications: Heart and Brain tonic. Paralysis, Palpitation, Neurasthenia, Headache, and all diseases of nervous origin.

2. SHERBATH-E-AMLI or THAMARE HINDI

(Kharubadin-e-Khadri Page 214)

Thamare Hindi	1 Lb.	480g
Shakhar Sufaid	2 Lbs.	960g

Dose: 1 to 4 Tolas.

Indications: Stomach tonic. Checks vomiting. Subsides bile, Thirst, Laxative and good for Urticaria and Allergy.

3. SHERBATH-E- ANANNAS

(Ilajul Amras Page 313)

Abe Anannas	2 Lbs.	960g
Sugar	1 Lbs.	480g
Arakhe Gulab	½ Lbs	240g
Arakhe Bedamishk	½ Lbs.	240g
Abe Limu	2 Ozs	30g
Mishk	10 grns	120g

Dose: 2 to 4 Tolas.

Indications: Tonic to the Heart Palpitations. Subsides thirst. Checks Nausea and Morning Sickness. Diuretic and useful in Acitis. Good drink during pregnancy.

4. SHERBATH-E- ANAR SHIRIN

(Maghzanal Murakkabath)

Abe Anar Shirin	4 Lbs.	1920g
Shakar	2 Lbs.	960g

Dose: 2 Tolas with fresh water

Indications: Subsides thirst, Stop vomiting, Nausea and diarrhoea. Refreshes the system and good for Jaundice.

5. SHERBATH-E-ANAR THURSH (Maghzanal Murakkabath)

Abe Anar Thursh	48 Lbs.	23040g
Ood-e-Khan	7 Tolas	84g
Masthagi	7 Tolas	84g
Amla Makhashar	7 Tolas	84g
Posthe Beroon-e-Pistha	17 Tolas	204g
Shakhar	24 Tolas	288g

Except Mashtagi all to be powdered added to the juice and sugar take Kivam . Add mashtagi powder to the khivam.

Dose: 4 Tolas with water.

Indications; Tonic for the heart and Liver. Stops the motions. Good for Jaudice. Subsides internal heat.

6. SHERBATH-E-ANZAL (Maghzanal Murakkabath)

Anzal	½ Lb.	240g
Anisoon	2 Tolas	24g
Maveez-e-Munakha	40 Fruits	
Anjeer	7 Tolas	84g
Honey	1 Lb.	480g

Ansal to be cleaned, cut into small pieces. Grind the other drugs mix with Ansal and Boil with water. Take the decoction and honey 1 ½ lbs and take Khivam.

7. SHERBATH-E-ASAL (Alkharabadeen Page 607)

Shehad Musaffa	1 Lb.	480g
Abe Baraan	6 Lbs.	2880g
Mirch Sufaid	3/8 Tolas	4.5g
Soant	3/8 Tolas	4.5g
Lavang	3/8 Tolas	4.5g
Khulanjan	3/8 Tolas	4.5g

Masthagi	3/8 Tolas	4.5g
Sugar	4 Lbs.	1920g

All the dry drugs to be powdered finely and bundled in a fine cloth, put into the compound of Honey and water. Heat while heating squeeze the bundle either with hand or with a spoon till contents of the bundle comes into liquid in the vessel. Heat to the Khivam and bring down from fire.

In another prescription the following are also added:-

Agar	3/8 Tolas	4.5g
Darcheei	3/8 Tolas	4.5g
Dan-e-Elaichi Khurd	3/8 Tolas	4.5g
Dan-e-Elaichi Khalan	3/8 Tolas	4.5g
Jauthri	3/8 Tolas	4.5g
Jaiphal	3/8 Tolas	4.5g

These are powdered and added to the bundle.

Dose: 2 To 4 Tola.

Indications: In all cold diseases. Diseases of the nervous system. Especially paralysis and Chorea.

8. SHERBATH-E-BANAFSHA

(Alkharabadeen Page 611)

Banafsha Thaza	2 Lbs.	960g
Thukhme Khathmi	6 Lbs.	2880g
Bihidana	6 Lbs.	2880g
Gonde Keecker	6 Lbs.	2880g
Sugar	4 Lbs.	1920g

Dose: ½ Ounce to 1 Ounce

Indications: Pleurisy, Bronchitis, Chronic Cough, and Chronic fevers. It is a good Laxative

9. SHERBATH-E-BAELPHAL

(Hospital of Indian Medicine Phamacopoeia)

Sheer-e-Beelphal	1 Lb.	480g
Sugar	2 Lbs.	960g

Dose: ½ to 1 Ounce.

Indications: Sprue, Amoebiasis, Chronic Dysentery, Colitis and Diarrhoea.

10. SHERBATH-E-BUZURI BARID (Kharabadin-e Azam Page 171)

Thukme Kasni	5 Tolas	60g
Thukme Kharbuza	5 Tolas	60g
Thukme Khiarain	5 Tolas	60g
Beekh-e-Kasni	10 Tolas	120g
Shakhar Sufaid	2 Lbs.	960g

Dose: 1 to 1 1/2 Ozs.

Indications: All diseases of the Liver, Kidney and bladder due to heat. Dropsy, Anaemia, subsides thirst , and good Diuretic.

11. SHERBATH-E-BUZURI HAR (Maghzanal Murakkabath Page 200)

Beekh-E-Kasni	1 Tolas	12g
Thukme Kasni	6 Tolas	72g
Beekhe-Badiyan	6 Tolas	72g
Badiyan	3 Tolas	36g
Thukme karafs	3 Tolas	36g
Posthe Beekh-e-Karafs	3 Tolas	36g
Thukme kasoos	3 Tolas	36g
Shakhar	3 Lbs.	1440g

Dose: 1 to 2 Ozs.

Indications: Cold diseases of Liver Kidney and Bladder. Diuretics. Useful in Dropsy, Ascitis.

12. SHERBATH-E-BUZURI MOTHADIL

(Maghzanal Murakkabath Page 200)

Badiyan	5 Tolas	60g
Beekh-e-Badiyan	5 Tolas	60g
Thukme Kasni	5 Tolas	60g
Thukme Kharbooza	5 Tolas	60g
Thuksme Khiarain	5 Tolas	60g
Thuksne khurkhask	5 Tolas	60g
Beekh-e-Kasni	5 Tolas	60g
Sugar	5 Lbs.	2400g

Dose: 1 to 2 Ozs.

Indications: Diuretic, Breaks and expels the stones from Bladder, Gall Bladder and Kidney. Useful in all Liver diseases, Gonorrhoea, Leucorrhoea and Polyurea. Very good Diuritic.

13. SHERBATH-E-CHOBCHINI

(Kharabadin-e-Azam page 177)

Chobchini	50 Tolas	600g
Berad-e-Shisham	20 Tolas	240g
Nugd-e- Babari	20 Tolas	240g
Mundi	20 Tolas	240g
Berad-e-Sandal-e-Surkh	5 Tolas	60g
Charaitha	5 Tolas	60g
Misri	10 Lbs.	4800g

Dose: 1 to 2 Tolas

Indications: Leprosy, Syphils, Eczema.

14. SHERBATH-E-DEENAR

(Kharabadin-e-Azam Page 170)

Thukme Kasni	½ Lbs.	240g
Gul-e-Surk	½ Lbs.	240g
Beekh-e-Kasni	1 Lbs.	480g
Gul-e-Niloufer	¼Lbs.	120g

Gul-e-Gauzban	¼ Lbs.	120g
Thukme Kasoos	¼ Lbs.	120g
Reward Chini	¼ Lbs.	120g
Shakhar Sufaid	10 Lbs.	4800g

Dose: ½ to 1 Oz.

Indications: Rectifies the Liver and its functions in all putrefactive fevers. Hepatitis, Jaundice, Anaemia, Dropsy, Nephritis, Chronic Malaria.

15. SHERBATH-E-EJAZ (Kharabadin-e-Azam Page 163)

Unnab	240 Units	120g
Sapistan	720 Units	120g
Milatti	24 ½ Tolas	294g
Thukme Khatmi	24 ½ Tolas	294g
Thukme Kabbuzi	24 ½ Tolas	294g
Gul-e-Niloufer	24 ½ Tolas	294g
Gul-e-Banafshe	24 ½ Tolas	294g
Bihidana	17 ½ Tolas	210g
Katheera	10 ½ Tolas	120g
Gond-e-Keekar	10 ½ Tolas	126g
Barg-e-Bansa (White flower)	12 Lbs.	5760g
Shakhar Sufaid	24 Lbs.	11520g

Dose: ½ to 1 Oz.

Indications: Chronic irritative cough, Pleursey, Pneumonia, Tuberculosic and Catarrh.

16. SHERBATH-E-GUDHAL (Ilajuł Amnraz Page 316)

It is also known as Sharab-E-Saliheen which means good wine.

Gule Gudhal (Pure Red variety)	100 Flowers	
Abe Leemu	½ Lb.	240g
Abe Baraan	4 Lbs.	1920g
Shekar	2 Lbs.	960g

Take petals of the flowers only, and put into lime juice in a glass vessel. Cover the mouth and keep for 24 hours. It is better if kept in the hot sun for a day. Next day add sugar and rain water,

boil till khivam is reached. Transfer this to a bigger vessel so that 1/3 of this vessel remains empty. Cover the mouth tightly, take another bigger vessel so that the previous vessel can get into it. Fill the bigger vessel with water so that 1/3 of the smaller vessel remains above the level of the water. Leave this for about 4 days. There will be hissing noise in the smaller vessel due to fermentation. Filter and preserve the Sherbath.

Dose : 1 to 2 Tolas.

Indications : Palpitation, Neurasthenia, Imaginary and nervous fear. Acts as tranquilizer.

Subsides the heat of the body. As it possesses little intoxication gradually decreasing doses may overcome the habit of drinking.

17. SHERBATH-E-HALEELA

(Iajul Amraz Page 744)

Haleela Zard

100 Units

Wash, crush and put the haleela in a big vessel and pour water so that the level of water is about 2 inches above fruits. Place this vessel in the sun for 3 days. On the third day remove this liquid and preserve in another vessel and pour fresh water to the Haleela and keep in the sun again for 3 days. Take the second time water and add to the first. Dissolve 65 tolas of Thuranjibeen in this liquid or 2 pounds of sugar. Take the settled water heat and bring to khivam. To the Khivam sakhmooniya musavi 3/8 Tola.

Dose: ½ to 1 ounce

Indications: Specially good for Rhumatic Fever.

18. SHERBATH-E-HULBA

(Alkharabadeen Page 613)

Maveeze Munakhkha	35 Tolas	420g
Amlı	35 Tolas	420g
Maethi	100 Tolas	1260g
Anjeer	180 Fruits	
Sugar	9 Lbs.	4320g

Dose: 1 to 2 Ounces

Indications: Chronic chest pains. Chronic caught or coughing out pus, and heals lung ulcers.

19. SHERBATH-E-ITHISKHA

Beekhai Kasni	4 Tolas	48g
Beekhai Badiyan	4 Tolas	48g
Milatti	4 Tolas	48g
Beekhai Anjbar	4 Tolas	48g
Thukhmai Khiyarain	4 Tolas	48g
Revand Cheeni	4 Tolas	48g
Bisfaij	4 Tolas	48g
Hanaraj	4 Tolas	48g
Gale Surkh	3 Tolas	36g
Lak Maghsool	3 Tolas	36g
Thukhme Kasni	3 Tolas	36g
Beekhai Sesan	3 Tolas	36g
Thaejpath	3 Tolas	36g
Gauzaban	2 Tolas	36g
Thukhme Karafs	4 Tolas	48g
Anisoon	2 Tolas	24g
Balchad	2 Tolas	24g
Thagar	2 Tolas	24g
Thukhme kasoos	2 Tolas	24g
Majeeth	2 Tolas	24g
Thaj Hindi	2 Tolas	24g
Oode Hind	2 Tolas	24g
Masthagi	2 Tolas	24g
Pudeena	2 Tolas	24g
Ajwain Daesi	2 Tolas	24g
Mako	5 Tolas	60g
Zarishk	5 Tolas	60g
Anjeer Zard	50 Fruits	
Maveez-e-Munakkha	7 Tolas	84g
Afsantheen	2 Tolas	24g
Qand	7 ½ Lbs	3600g

Dose: 1 to 2 Ounces

Indications: Dropsy, Ascitis, Anaemia, Liver, Heart and Kidney diseases and acts both as Diuritic and Laxative.

20. SHERBATH-E-KEUDA (Maghzanul Murakkabath)

Abe Kauda	1 Lb	480g
Shaker	2 ½ Lbs	1200g

Dose: 4 Tolas.

Indications: Palpitation, Heart Tonic, Lowers Blood Pressure. Refreshes the mind and subsides thirst.

21. SHERBATH-E-KHASHKHASH (Maghaul Murakkabath)

Posthe Khash Khash	2 Lbs	960g
Shaker Sufaid	10 Lbs	4800g

Dose: 1 to 2 Tolas.

Indications: Dry irritative cough, Cararrh, Chronic Bronchitis, Insomnia, Dysentry.

22. SHERBATH-E-KHIYAR-E-SHAMBAR (Hospital of Indian Medicine Pharmacopoeis)

Maghze Khiyare Shamber	¼ Lb	120g
Sugar	¾ Lb	360g

Dose: ½ to once

Indications: Haemorrhides, Enteritis, Chronic colitis, Peritonitis and all abdominal inflammations. It is also a laxative.

23. SHERBATH-E-LEEMU (Maghzanul Murakkabath)

Abe Leemu	½ Lb	240g
Shaker Sufaid	2 Lbs	960g

Dose: ½ to 1 Ounce.

Indications: Subsides thirst. Helps digestion. Reduces bile. Checks vomiting, diarrhoea and vertigo.

24. SHERBATH-E-MOROD PHALLI (Maghzanul Murakkabath)

Morod Phalli	1 Lb	480g
Posthe Khash Khash	1 Lb	480g
Shaker	4 Lb	1920g

Dose: 1 to 4 Tolas.

Indications: Dysentery, Gripe, colitis and chronic Diarrhoea

25. SHERBATH-E-MUBARAK (Kharabadeen Azam)

Bisfajj	50 Tolas	600g
Thukme Kasoos	10 Tolas	120g
Oodh	2 Tolas	24g
Abresham Mukharis	7 Tolas	84g
Arkhe Gauzuban	1 Lb	480g
Arkhe Baeda Mishkh	1 Lb	480g
Arkhe Badranjboya	1 Lb	480g
Mishk Khalis	15 Grains	120g
Zafran	15 Grains	120g
Shakar	2 ½ Lbs	1200g

26. SHERBATH-E-MULLAIN BARID (Alkharabadeen Page 647)

Gule Gauzuban	3 ¾ Tolas	45g
Gauzuban	3 ¾ Tolas	45g
Shathira	3 ¾ Tolas	45g
Amla	1 7/8 Tolas	22.5g
Zarishk	1 7/8 Tolas	22.5g

Alubukhra Zard	10 Fruits	
Alubukhra Siyah	10 Fruits	
Sheer Khisth	3 $\frac{3}{4}$ Tolas	45g
Thuranjibeen	3 $\frac{3}{4}$ Tolas	45g

Dose: 1 to 2 Ounces.

Indications: Good purgative to patient of heaty temperament.

27. SHERBATH-E-MULLAIN HAR (Alkharabadeen Page 648)

Gule Surkh	3 $\frac{3}{4}$ Tolas	45g
Sana Makki	3 $\frac{3}{4}$ Tolas	45g
Gule Banafsha	7 $\frac{1}{2}$ Tolas	90g
Thurbad	1 $\frac{3}{4}$ Tolas	21g
Afsantheen Roomi	1 $\frac{3}{4}$ Tolas	21g
Gharikhoon	1 $\frac{3}{4}$ Tolas	21g
Thukhme Kasoos	1 $\frac{1}{6}$ Tolas	14g
Usthakhuudoos	1 $\frac{1}{6}$ Tolas	14g
Masthagi	1 $\frac{1}{6}$ Tolas	14g
Sumbula Thib	$\frac{3}{4}$ Tolas	9g
Unnab	30 Units	
Sapisthan	30 Units	
Thuranjibeen	$\frac{3}{4}$ Lb	360g
Shakar	$\frac{3}{4}$ Lb	360g

Dose: 1 to 2 Ounces.

Indications: Good purgative for persons of cold Temperament and in Dropsy, Paralysis, Rhematism etc.

28. SHERBATH-E-MUNZIJ (Kharabadeen-e-Azam Page 174)

Unnab	15 Units	
Alubukhara	12 Units	
Anjeer Zard	20 Units	
Maveese Munakkha	1 Tolas	12g
Beekhai Kasni	2 Tolas	24g

Beekhai Badiyan	2 Tolas	24g
Mako	2 Tolas	24g
Thukme Khabbazi	2 Tolas	24g
Khunthuriyoon Dakheekh	2 Tolas	24g
Milatti	2 Tolas	24g
Gauzuban	2 Tolas	24g
Soant	2 Tolas	24g
Badranjboya	2 Tolas	24g
Beekhe Kharafs	1 Tolas	12g
Ajwain Desi	1 Tolas	12g
Anisoon	1 Tolas	12g
Thukhme Kasoos	1 Tolas	12g
Beekhe Kibir	1 Tolas	12g
Gule Surkh	1 Tolas	12g
Thukhme Kasni	4 Tolas	48g
Soanf	1 ½ Tolas	18g
Beezidan	2 ½ Tolas	30g
Gulqand	5 Tolas	60g
Thukhme Khiyarain	5 Tolas	60g
Nusooth	6 Tolas	72g
Seeranjani	3 1/8 Tolas	37.5g
Misiri	2 Lb	960g
Thuranjibeen	½ Lb	240g

Dose: 1 to 1/2 Ounces.

Indications: Matures phlegm and (souda) Black bile Rheumatism, Gout, Lumbago, Dropsy, Anaemia, and in diseases liver, Kidney and Heart.

29. SHERBATH-E-NAFSUDDAM

(Kharabadeen-e-Azam Page 167)

Abe Kaddu	1 Lb	480g
Abe Tharbooz	1 Lb	480g
Arkhe Gulab	1 Lb	480g
Habbul Aas	1/2 Lb	240g

Boil and take decoction of the above. Add sugar one pound, prepare khivam and add the following well powdered:

Kahruba	5 Tolas	60g
Thabasheer	5 Tolas	60g

Shadnaj Adasi (Purified)	5 Tolas	60g
Gonde Keekar	5 Tolas	60g
Dammulakhwain	5 Tolas	60g

Dose: 1 to Ounces.

Indications: Vomiting and coughing of Blood and stops all bleeding form any part of the body.

30. SHERBATH-E-NILOUFER

(Kharabadin-e-Khadri Page 43)

Gul-e-Niloufer	5 Tolas	60g
Shaknar Sufaid	2 Tolas	960g

Dose: 1 to 2 Tolas

Indications: Strengthens the heart. Subsides internal heat, Bile and Thirst. Good for Headache, Meningitis, Pneumonia, Pleuresy, Bronchitis and Catarrh.

31. SHERBATH-E-SANDAL

(Maghzanal Murakkabath)

Sandal-e-Sufaid	10 Tolas	120g
Arakhe Guiab	1 Lb	480g
Shakhar Sufaid	2 Lb	960g

Dose: ½ to 1 Oz.

Indications: Heart tonic. Refreshes the body. Subsides thirst and headache.

32. SHERBATH-E-SUAL

(Hospital of Indial Medicine Pharmacopoeia)

Barge Adosa	50 Leaves, Bis size	
Gule Zoofa	3 Tolas	36g
Asle Soos	3 Tolas	36g
Persia Avasham	1 Tolas	12g

Sugar Candy	2 Lbs	960g
-------------	-------	------

Dose: ½ to 1 Oz.

Indications: Cough.

33. SHERBATH-E-THAMBOOL (Alkharabadin Page 651)

Take 1 lb. of Large white betel leaves, Crush well and boil so that every essence of betel leaves comes in to water. Take 3 lbs. of sugar add and prepare the Khivam. To the Khivam add the following.

Zafran	10 Grs
Jauthri	10 Grs
Lavang	10 Grs

Dose: 2 to 4 Tolas.

Uses: Heart tonic.General tonic and stimulates sex.
N.B: Action will increase as the syrup becomes old.

34. SHERBATH-E-UNNAB (Ilajul Amraz Page 270)

Unnab Vilaithi	1 Lb	480g
Shakhar	3 Lbs	1440g

Dose: ½ to 1 Oz.

Indications: Caugh, Chestpain, Fevers, Urticaria. Allergy , Chicken pox and all skin diseases.

35. SHERBATH-E-USHBA (Kharabadin-e-Azam Page 177)

Ushba-e-Maghribi	3 Tolas	36g
Chobchini	2 Tolas	24g

Shantheera	¾ Tolas	9g
Badranj Boya	¾ Tolas	9g
Berad-e-Shisham	¾ Tolas	9g
Mundi	¾ Tolas	9g
Gauzban	¾ Tolas	9g
Thukme Shahtheera	¾ Tolas	9g
Afthimoon	¾ Tolas	9g
Thukme Kasni	¾ Tolas	9g
Sandal-E-Surkh	¾ Tolas	9g
Sugar	1 ½ Tolas	18g

Dose: ½ to 1 Oz.

Indications: Good for all skin diseases. Purifies the blood.

36. SHERBATH-E-VARD

(Kharabadin-e-Jadeed)

Gule Surkh	½ Lb	240g
Shakhar	1 ½ Lbs	720g

Dose: ½ to 1 Oz.

Indications: Constipation, Dysentery, Stomatitis.

37. SHERBATH-E-VARD MUKARAR

(Maghzanal Murakkabath)

Gule Surkh	2 ½ Lbs	1200g
Sugar	6 Lbs	2880g

Soak the rose flower in 12 lbs. of water overnight, boil in the morning, reduce to half, filter and take the decoction add fresh quantity of rose flower 2 1/2 lbs., allow it to soak overnight, in the morning boil and take the decoction. To this decoction add sugar 6 lbs. Prepare the Khivam. This Sherbath is known as Sherbath-E-Vard Mukarar. If repeated this, for the third time it is known as Sherbath-E-Vard Shakarar.

Dose: ½ to 1 Oz.

Indications: Just as above but stronger in actions.

Section 22

SIKANJIBEEN

01. Sikanjbeen-e-Buzoori Barid
02. Sikanjbeen-e-Buzoori Har
03. Sikanjbeen-e-Buzoori Mothadil
04. Sikanjbeen-e-Buzoori Usuli
05. Sikanjbeen-e-Nanayi
06. Sikanjbeen-e-Sada
07. Sikanjbeen-e-Sandal
08. Sikanjbeen-e-Thumare Hindi

1. SIKANJIBEEN-E-BUZOORI BARID (Beekhe Kasni)

Beekhe Kasni	24 Tolas	288g
Maghze Thukhme Khiyarain	5 Tolas	60g
Maghze Thukhme Kharbooza	5 Tolas	60g
Maghze Thukhme Khiyar	5 Tolas	60g
Barthang	5 Tolas	60g
Sirka	2 ½ Lbs	1200g
Shakar	24 Lbs	11520g

Dose: 2 Tolas with Arkhe Mako.

Indications: In all heaty diseases of Livar, Dropsy, Ascitis

2. SIKANJIBEEN-E-BUZOORI HAR (Maghzanul Murakkabath)

Thukhme Kasni	17 Tolas	204g
Thukhme Kasoos	17 Tolas	204g
Thukhme Karafs	17 Tolas	204g
Raziana	17 Tolas	204g
Anisoon	17 Tolas	204g
Posthe Beekhe Badiyan	36 Tolas	432g
Beekhe Karafs	36 Tolas	432g
Sirka	12 Lbs	5760g
Shakar	24 Lbs	11520g

Dose:2 Tolas

Indications: Opens Sudda (Obstruction) of Liver. Good Diuritic.

3. SIKANJIBEEN-E-BUZOORI MOTHADIL (Maghzanul Murakkabath)

Thukhme Kasni	2 Tolas	24g
Badiyan	2 Tolas	24g
Thukhme Karafs	2 Tolas	24g
Sirka Khalis	2 ½ Ozs	75g
Water	3 Lbs	1440g
Shakar	2 Lbs	960g

Dose: 2 Tolas with arkhe Gauzban.

Indications: Very useful in all liver, Kidney and spleen diseases. Expels matter from drasical condition and good Diuritic.

4. SIKANJIBEEN BUZOORI USOOLI (Maghzanul Murakkabath)

Thukhme Karafs	2 Tolas	24g
Badranjiboya	2 Tolas	24g
Anisoon	2 Tolas	24g
Thukhme Kasoos	2 Tolas	24g
Thukhme Paranjmishk	2 Tolas	24g
Thukhme Shalgham	2 Tolas	24g
Beekhe Karafs	2 Tolas	24g
Beekhe Badiyan	2 Tolas	24g
Beekhe Sosan	2 Tolas	24g
Sirka	¾ Lb	360g
Shakar	2Lbs	960g

Dose: 1 to 2 Ounces.

Indications: Specially good for spleen diseases, Diuritic, Dopsy, Ascitis. Very useful in Malarial fevers.

5. SIKANJIBEEN-E-NANAYI (Maghzanul Murakkabath)

Pudina Khushk	2 Tolas	24g
---------------	---------	-----

Abe leemu	10 Tolas	120g
Shakar	1 Lb	480g

Dose: 2 Tolas.

Indications: Increases appetite. Digest food. Stop vomiting, Diarrhoea.

6. SIKANJIBEEN-E-SADA (Maghzanul Murakkabath)

Sirka Khalis	½ Lb	240g
Shakar	2 Lbs	960g

Dose : To 1 Ounce.

Indications : Subsides thirst. Digests food. Stops vomiting and Diarrhoea. Removes sudd (obstruction) of Liver and Spleen. It is given in Typhoid fever with beneficial result. Checks Vertigo and Nausea. To produce vomiting it is given in 2-3 ounces in a glass full of warm water at once. If the patient does not vomit, tickle the throat. Once the patient vomits the matter, vomiting stops by itself.

7. SIKANJIBEEN-E-SANDAL (Maghzanul Murakkabath)

Burade Sandal	11 Tolas	132g
Sirka	2 Tolas	24g
Arkhe Gulab	1 Lb	480g
Arkhe Neelufer	1 Lb	480g
Zafran	1/6 Tola	2g
Kafoor	15 Grains	
Shakar	1 Lb	480g

Section 23

ZARROOR

- 08.Zaroor-e-Abiyaz
- 09.Zaroor-e-Ajeeb
- 10.Zaroor-e-Arbah
- 11.Zaroor-e-Kanj
- 12.Zaroor-e-Katha
- 13.Zaroor-e-Madani
- 14.Zaroor-e-Mamiran

1. ZAROOR-E-ABIYAZ (Ilajul Amraaz)

Hathika Danth	25 Tolas	300g
Chadela	25 Tolas	300g
Baleela	25 Tolas	300g
Bansalochan	25 Tolas	300g
Thukhme Khurfa	25 Tolas	300g
Nishastha	25 Tolas	300g
Katheera	25 Tolas	300g
Dhaniya Khushk Briyan	25 Tolas	300g
Masoorka Daal Mayeen	25 Tolas	300g
Aqarqarah	17 Tolas	204g
Bach	17 Tolas	204g
Nagarmotha	14 Tolas	168g
Milatti	10 ½ Tolas	126g
Naspaal	10 ½ Tolas	126g
Mazu sabs	10 ½ Tolas	126g
Kundoor	10 ½ Tolas	126g
Gulnaar Farsi	10 ½ Tolas	126g
Gunche Gulab	10 ½ Tolas	126g
Marvarid Nasiftha	10 ½ Tolas	126g
Busud	10 ½ Tolas	126g
Sange Jarahath	5 ¼ Tolas	63g
Smandr Jhagh	5 ¼ Tolas	63g
Namake Thabazad	5 ¼ Tolas	63g
Phatakri	5 ¼ Tolas	63g
Seep Jalahuva	3 ¼ Tolas	39g
Masthagi roomi	3 ¼ Tolas	39g
Mirch Sufaid	3 ¼ Tolas	39g
Oode Balsan	3 ¼ Tolas	39g

Powder all well and then add Kafoor-E-Kaisoori. For external use only. It is dusted to the parts or it is gargled with vinegar in diseases of gums and teeth. Sometimes applied with olive oil.

Indications: Removes pus from gums, strengthens the gums and teeth., stops bleeding from gums, removes bad smell from mouth and prevent from caries.

2. ZARROOR-E-AJEEB
(Alkharabadeen)

Kundoor	1 Ounce	30g
Elwa	1 Ounce	30g
Ansarooth	1 Ounce	30g
Dammul Akhwain	1 Ounce	30g

For external application only.

Indications: Cleans Ulcers and make fresh flesh grow.

3. ZARROOR-E-ARBAH
(Meghzanul Murakkabath)

Kundoor		
Ansarooth		
Dammul Akhwain		

External use only.

Indications: Stops bleeding from any ulcer and heals them quickly.

4. ZARROOR-E-KANCH
(Alkharabadee)

Sufaida-e-Kalayi	1 Ounce	30g
Gulnar	1 Ounce	30g
Phatakri	1 Ounce	30g
Mazu	1 Ounce	30g
Surma	1 Ounce	30g
Posthe Anar	1 Ounce	30g

External applications when required; after application of Roghane Gul.

Indications: Prolapse anus, Uterus.

5. ZARROOR-E-KATHA
(Maghzanul Murakkabath)

Zare Vard	1 Ounce	30g
Kathe Sufaid	1 Ounce	30g
Kababchini	1 Ounce	30g
Dane Ilaichi Khurd	1 Ounce	30g

Thabasheer	1 Ounce	30g
------------	---------	-----

All equal parts. For dusting.

Indications: For Stomatitis.

6. ZAROOR-E-MADANI (Indian Medical Hospital Pharmacopoeia)

Kathe Sufae	1 Ounce	30g
Kafoor	1 Ounce	30g
Mafal	1 Ounce	30g
Shib	1 Ounce	30g
Raskapoor	½ Ounce	15g
Murdarsingh	½ Ounce	15g
Zeebakh	½ Ounce	15g

For external / use only, as dusting powder.

Indications: Ghroniuc and Syphilitic Ulcers.

7. ZAROOR-E-MAMIRAN (Maghzanul Murakkabath)

	1 Ounce	30g
--	---------	-----

Zanjabeel		
Qaranfal	1 Ounce	30g
Mamiran	1 Ounce	30g
Dare Filfil	1 Ounce	30g
Thoothiya Kirmani	1 Ounce	30g
Samaghe Arabi	1 Ounce	30g

External Application.

Indication: For all eye diseases and strengthens eye sight.

Section 24

ZIMAD

- 05.Zimad-e-Auja
- 06.Zimad-e-Bars
- 07.Zimad-e-Jarb
- 08.Zimad-e-Halaq

1. ZIMAD-E-AUJA
(Indian Medical Hospital Pharmacopoeia)

Chob Zard	3 Tolas	36g
Dare Haldi	3 Tolas	36g
Maida Lakdi	6 Tolas	72g
Wheat Four	6 Tolas	72g
Maithi	3 Tolas	36g
Sibr	1 Tola	12g

Mix wheat flour after powdering the rest

N.B.:- As there is maithi in the prescription, worms may get. Either keep the powder in airtight vessel or add the maithi powdered while applying.

For external use only.

Indications: Abcess, Inflammation, sprains and dislocations.

2. ZIMAD-E-BARS
(Maghzanul Murakkabath)

Beekhe Anjeer Dasthi	3 Tolas	36g
Babehi	3 Tolas	36g
Thukhme panvad	3 Tolas	36g

Prepare zimad for external use.

Apply on the white patches.

Uses: Removes white leprosy and other patches.

Required quantity is soaked in butter milk overnight, in the morning take the butter milk and give to drink and apply sediment on the patches after grinding.

3. ZIMAD-E-JARB
(Maghzanul Murakkabath)

Gandak Amlasar
Neela Thutha

Kamila
Murdarsing

All equal quantity. Powder and mix with ghee and apply.
Indications: Eczema, pruritis and skin diseases.

4. ZIMAD-E-HALAQ (Indian Medical Hospital Pharmacopoeia)

Jadvar
Zaharmohra
Zarandbad

All equal quantity.

Used as throat paint.

Indications: Tonsillitis. Pharyngitis. Quinsy and other throat affections.

Section 4

DAVA

1. Dabeedulvard
2. Dava-e-Behoshi
3. Dava-e-Hindi
4. Dava-e-Kurkum
5. Dava-e-Meida
6. Dava-e-Mukhadir
7. Dava-e-Thursh
8. Dava-ul-misk Barid Jawahir
9. Dava-ul-misk Barid Sada
10. Dava-ul-misk Har Jawahir
11. Dava-ul-misk Har Sada
12. Dava-ul-misk Mothadil Jawahir
13. Dava-ul-misk Mothadil Sada
14. Dayakhooza